

# Referral Orders for Kidney Transplant Assessment (Adult)

Form ID: \_\_\_\_\_ Rev: Sept 2023 Page 1 of 3

## PATIENT INFORMATION LABEL

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Date of Birth (MM/DD/YYYY): \_\_\_\_\_

PHN: \_\_\_\_\_

- Mandatory (all patients)
- Select based on criteria: Prescriber check (✓) to initiate, cross out and initial any orders not required.

- Ensure Kidney Transplant referral module in PROMIS is initiated.

### 1. Transplant Program:

- Vancouver General Hospital
- St. Paul's Hospital

### 2. Absolute Contraindications:

⊖ **Do not proceed with transplant education if any of the following apply:**

- Active infection (e.g. TB)
- Active malignancy (excluding non-melanoma skin cancer)
- Oxygen dependent respiratory conditions
- Severe ischemic heart disease
- Severe peripheral vascular disease
- Uncontrolled cirrhosis
- Severe cognitive impairment
- Active drug or alcohol addiction
- Active non-compliance to therapy
- Uncontrolled psychiatric disorder
- Age >85

**\*Consult with nephrologist, if unable to clearly identify contraindications above.**

△ **Consult with nephrologist about providing transplant education if any of the following apply:**

- Age 70 to 85
- eGFR not clearly declining
- Fluctuating compliance
- Extensive comorbidities

✓ **If none of the above criteria apply, proceed with transplant education.**

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### 3. Mandatory Laboratory Tests for Referral Submission:

**Note:** The following tests are **valid for 365 days**. If results are <365 days, those results can be used for referral submission, if >365 days, those tests need to be repeated.

- |  |  |
|--|--|
| <ul style="list-style-type: none"> <li>• CBC, Sodium (Na), Potassium (K), Bicarb (CO<sub>2</sub>), Chloride (Cl), Total Bilirubin, Alkaline Phosphatase, eGFR, Creatinine</li> <li>• One of the following:             <ul style="list-style-type: none"> <li><input type="checkbox"/> Rapid Plasma Reagin (Syphilis) <u>or</u></li> <li><input type="checkbox"/> Treponema Pall AB EIA</li> </ul> </li> <li>• Hepatitis B Surface Antigen</li> <li>• Hepatitis B Surface Antibody</li> <li>• Hepatitis B Core Antibody</li> <li>• HIV Serology</li> </ul> | <ul style="list-style-type: none"> <li>• Blood group/Rh</li> <li>• Epstein Barr Virus IGG</li> <li>• Hepatitis C Antibody</li> <li>• HT Lymph Virus I/II (HTLV I/II)</li> <li>• Cytomegalovirus IGG (CMV serology)</li> <li>• Rubella IGG</li> <li>• Mumps IGG</li> <li>• Measles Antibody IGG</li> <li>• Varicella Zoster Virus IGG</li> <li><input type="checkbox"/> SPEP (if ≥50 years of age)</li> </ul> |
|--|--|

### 4. Other Mandatory Tests for Referral Submission:

- |   |
|---|
| <ul style="list-style-type: none"> <li>● Chest X-ray within 6 months of referral submission (all patients)</li> <li>● EKG within 6 months of referral submission (all patients)</li> <li><input type="checkbox"/> Echocardiogram within 1 year of referral submission (if ≥40 years of age)</li> </ul>  |
| <ul style="list-style-type: none"> <li>● <b>One of the following screening cardiac tests</b> (All diabetics OR patients &gt; 50 years of age OR any cardiac symptoms OR history of cardiac disease):             <ul style="list-style-type: none"> <li><input type="checkbox"/> Stress echocardiogram <u>or</u></li> <li><input type="checkbox"/> MIBI <u>or</u></li> <li><input type="checkbox"/> Treadmill <u>or</u></li> <li><input type="checkbox"/> Coronary angiography</li> </ul> </li> </ul> <p><b>Note:</b> If coronary angiography has been complete, the stress echocardiogram or MIBI or treadmill are not required.</p> |
| <p>A TB screening test is required for all patients unless a previous IGRA test has been done. IGRA is the standard test for TB screening.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> IGRA, Chest X-ray <u>or</u></li> <li><input type="checkbox"/> TB screening already completed (with IGRA test) <u>or</u></li> <li><input type="checkbox"/> Previous history of TB with treatment. Refer directly to BCCDC.</li> </ul>   |
| <p><b>Note:</b> Ensure all tests applicable to this patient based on the defined criteria below are uploaded into PROMIS:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> FIT valid 2 years (FIT test if age &gt;50. FIT not necessary if normal colonoscopy in the last 5 years)</li> <li><input type="checkbox"/> Mammogram valid 2 years (females age 50-74). If not complete follow-up with primary care.</li> <li><input type="checkbox"/> PAP smear valid 3 years (females age 25-69). If not complete follow-up with primary care.</li> </ul>  |
| <ul style="list-style-type: none"> <li>● <b>Dental:</b> Inform all patients of requirement to ensure dental check-ups are up to date.</li> </ul>  |

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5. Verify and update or enter the following information in PROMIS:

<b>Patient demographics</b>	<ul style="list-style-type: none"> <li>• Phone</li> <li>• English ability</li> <li>• Race</li> <li>• Need translator</li> <li>• Blood type, Blood Rh</li> <li>• Height and Weight</li> <li>• Ambulatory Y/N</li> </ul>
<b>Physicians</b>	<ul style="list-style-type: none"> <li>• Family physician</li> <li>• Primary nephrologist</li> </ul>
<b>Drug Allergies and Medications</b>	<ul style="list-style-type: none"> <li>• Drug allergies</li> <li>• Current medications</li> </ul>
<b>Screening</b>	<ul style="list-style-type: none"> <li>• Previous blood transfusions</li> <li>• Prior pregnancies</li> <li>• Prior transplants</li> <li>• Renal biopsies</li> <li>• Primary renal disease diagnosis</li> <li>• Living donor discussion occurred</li> <li>• Potential living donor identified by transplant candidate</li> </ul>

DATE (DD/MM/YYYY)	TIME	PRESCRIBER NAME (PRINTED) OR COLLEGE ID	PRESCRIBER SIGNATURE