

Polyethylene Glycol (PEG) with Electrolytes



What It Does:

PEG with electrolytes is a laxative used to clean out your bowels before certain tests or procedures; for example a Peritoneal Dialysis (PD) catheter insertion (a procedure putting a peritoneal dialysis tube into your abdomen). It is usually taken with other laxatives.

How It Works:

PEG with electrolytes holds water in stools. When enough is taken, it causes watery bowel movements to clean out your bowels.

How and When to Take It:

- Take this medication by mouth as directed by your doctor. Otherwise, your procedure or test may not work and may need to be repeated.
- Follow the instruction on the bottle to mix the powder with water before taking. Do not swallow the powder directly.
- Drink 240 mL (1 glass) of the mixed medicine about every 10 minutes. It is best to drink it fast instead of sipping it. Keep drinking 1 glass of the mixed medicine about every 10 minutes until your stools are clear. Most people need to drink all of the liquid (4 liters) to clean out the bowels.
- Do not take any medicine by mouth within 1 hour before taking PEG with electrolytes solution.

What To Do if You Miss a Dose:

If you did not finish the mixed medicine, let your doctor or healthcare team know.

Possible Side Effects:

Like all medications, PEG with electrolytes can cause some side effects. You may not experience any of them. For most patients, these side effects are likely to be minor and temporary. Common side effects include:

- Nausea, stomach fullness, cramping; you can try drinking the solution more slowly if these side effects occur.

Talk to your doctor or pharmacist if you experience these side effects:

- Constant and bothersome nausea and/or vomiting
- Signs of dehydration (light-headedness, dry mouth, fast heartbeat)
- Slow heartbeat



Use the space below to write down why you are taking this medication and other notes.
