

Angiotensin Converting Enzyme Inhibitors (captopril, enalapril, quinapril, perindopril, ramipril, trandolapril)

What it does:

Controls hypertension (high blood pressure) or heart failure.

How it works:

Relaxes blood vessels which lowers blood pressure.

How to take it:

Captopril is best taken on an empty stomach, 1 hour before or 2 hours after meals. The others can be taken with or without meals.

Take these medications as prescribed even if you feel well.

What to do if you miss a dose:

If you miss a dose of this medication, take it as soon as possible. However, if it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule.

Possible side effects:

Contact your physician if you experience any of the following:

- Dizziness, light-headedness, faint upon rising up
- Skin rash (and/or itch, fever, joint pain, sunlight sensitivity)
- Swelling of face, mouth, hands, feet, trouble swallowing/breathing

May increase blood potassium level which could result in tingling toes and fingers, muscle weakness and irregular heartbeat.

Note: Dizziness or light-headedness may occur after the first dose or dose increase.



Use the space below to write down why you are taking this medication and other notes.
