

Levodopa/Carbidopa (Sinemet®)

What it does:

Levodopa/carbidopa treats the symptoms of Parkinson's disease such as shaking, stiffness and slow movement. It is also used to treat restless leg syndrome associated with kidney disease.

- Loss of appetite, nausea or vomiting
- Trouble sleeping
- Constipation or diarrhea

How it works:

This medication works in the brain to alter levels of dopamine. These levels regulate movement.

How to take it:

This medication should be taken on an empty stomach. If you have been prescribed the sustained release tablets you should not crush or chew these tablets.

What to do if you miss a dose:

If you miss a dose, take it as soon as you remember. If your next dose is less than 6 hours away, skip the missed dose and continue with your regular schedule.

DO NOT DOUBLE THE DOSE TO MAKE UP FOR THE MISSED ONE.

Possible side effects:

Contact your doctor if any of the following occur:

- Unusual behavior or mood changes
- Uncontrolled body movement
- Fast heartbeat

Let your doctor know on the next visit if any of the following occur:

- Dizziness or light-headedness
- Blurred vision



Use the space below to write down why you are taking this medication and other notes.
