

Vasodilators (hydralazine, isosorbide dinitrate, minoxidil)

What it does:

Controls:

- a. Hypertension (high blood pressure)
- b. Congestive heart failure (hydralazine)

How it works:

Relaxes blood vessels and decreases blood pressure.

What to do if you miss a dose:

If you miss a dose and remember within a few hours, take it when you remember. However, if you do not remember until the next day, skip the missed dose and go back to your regular schedule.

Possible side effects:

Contact your doctor if any of the following occur:

HYDRALAZINE

- Diarrhea
- Fast, irregular heartbeat
- Headache
- Loss of appetite
- Nausea/vomiting
- Flushed face
- Shortness of breath
- Skin rash or itching
- Joint pain
- Chest pain (rare)
- Fever/sore throat
- Swollen glands
- Numbness /weakness in hands/feet

ISOSORBIDE DINITRATE

- Headache
- Dizziness
- Weakness

- Fainting
- Low blood pressure
- Flushing of skin

MINOXIDIL

- Fast/irregular heartbeat
- Rapid weight gain
- Increased hair growth (usually on face, arms, back)
- Bloating
- Swelling of feet/legs
- Numbness of tingling
- Headache
- Skin rash/itching

Precautions:

Check with your pharmacist or doctor before taking any non-prescription medicines.



Use the space below to write down why you are taking this medication and other notes.
