Medication List

BCRenal
Provincial Health Services Authority

- Keep an updated list of all your medications including the dosage and when you take them. Keep a copy with you at all times.
- Know which medications are absolutely necessary for your survival.
- Carry a list of your medications (amount, frequency) with you at all times.
- Keep (at least) a 3-day supply of medications at all times. Rotate and check expiration dates.
- If you travel, carry your medication in your hand luggage.

Medication	Dosage	Frequency