



Journeying Together: Creating a map to what matters most to patients

We have no conflicts of interests or disclosures relevant to this presentation







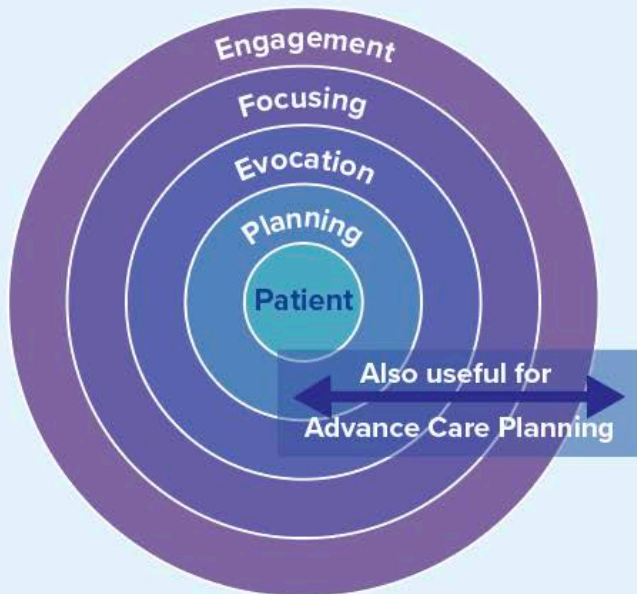
Better Together:
A Strategy to Advance
Collaborative Patient Goal-Setting
in Kidney Care

Spirit of Motivational Interviewing (MI)



Compassion
Acceptance
Partnership
Evocation

Four Processes of MI



Toolbox



- ▶ What Matters to You?
- ▶ Self-Management Programs (UVic)
- ▶ Brief Action Planning
- ▶ Serious Illness Conversation Guide
- ▶ ESAS-r: Renal (My Symptom Checklist)
- ▶ BC Renal Transition Guides

PARTNERSHIP

Harness mutually beneficial partnerships among patients, family caregivers and health professionals

AWARENESS

Promote awareness and understanding of goal-setting

ADAPTABILITY

Build adaptable process and safe space to guide effective communication

SUPPORT




Strengthen continual support along the patient journey

Define each part of the following driver diagram in this direction. The change ideas should contribute to what your team is aiming to accomplish.

AIM What are we trying to accomplish?	PRIMARY DRIVERS Components which will contribute to achieving the aim.	SECONDARY DRIVERS Major actions within the components which will contribute to achieving the aim.	CHANGE IDEAS What change can we make that will result in improvement?
To enhance and sustain collaborative patient goal-setting between patients and kidney care professionals in <hr/> Location/Setting by <hr/> Timeline	<input type="checkbox"/> Partnership: Harness mutually beneficial partnerships among patients, family caregivers and health professionals	<input type="checkbox"/> Foster active listening among health professionals, patients and family caregivers	
	<input type="checkbox"/> Awareness: Promote awareness and understanding of goal-setting	<input type="checkbox"/> Enhance understanding of cultural considerations in ongoing conversations between patients and health professionals	
		<input type="checkbox"/> Ensure shared understanding of what the goal(s) of the patient is (are) among the patient and kidney health professionals	
		<input type="checkbox"/> Make relevant tools visible to kidney health professionals and patients	
		<input type="checkbox"/> Provide more professional training	
	<input type="checkbox"/> Adaptability: Build adaptable process and safe space to guide effective communication	<input type="checkbox"/> Offer various opportunities for education and support among patients and families	
		<input type="checkbox"/> Enhance awareness in the community via existing communication channels	
		<input type="checkbox"/> Enhance accessibility to online tools	
		<input type="checkbox"/> Release time for having goal-setting conversations	
	<input type="checkbox"/> Support: Strengthen continual support along the patient journey	<input type="checkbox"/> Designate a 'navigator' for the patient to set goals and action plans with follow-up	
		<input type="checkbox"/> Prioritize appointment based on what matters to the patient	
		<input type="checkbox"/> Document goal(s) in the patient's health record	
		<input type="checkbox"/> Enable the patient to track their own goals while noting individual preference for keeping their own copy (or not)	
		<input type="checkbox"/> Ensure the patient's goals are communicated with their family doctor	
		<input type="checkbox"/> Enable peer support and connections among patients and families	



<http://www.bcrenalagency.ca/health-professionals/clinical-resources/self-management>

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Which of the following categories would you like to improve in your kidney care settings?

- **PARTNERSHIP:** Harness mutually beneficial partnerships among patients, family caregivers and health professionals
- **AWARENESS:** Promote awareness and understanding of goal-setting
- **ADAPTABILITY:** Build adaptable process and safe space to guide effective communication
- **SUPPORT:** Strengthen continual support along the patient journey
- None of the above
- All of the above

Are you now feeling more motivated in participating in patient goal-setting conversations?

- Definitely
- Probably
- Not at all