

Thursday, April 3<sup>rd</sup> – Friday, April 4<sup>th</sup>, 2014

Northern Alberta Renal Program (NARP) Alberta Health Services Update 2014

### **Program Description**

	2013	2014		
Number of Patients	170 adults, 8 children	180 adults, 4 children		
CAPD vs. APD	44% CAPD, 56% APD	42.5% CAPD, 57.5% APD		
Staffing Design				
# Nephrologists Dedicated to PD	4 nephrology services providing PD care: • 3 tertiary hospital services and paediatric service • 20 different physicians • Majority of patients are shared by University of Alberta Hospital Service with nephrologists rotating through every 2 weeks	No changes		
# Nursing Staff	<ul> <li>Nursing model case management</li> <li>8.4 Nursing FTE, shared CNE</li> </ul>	Increase to 10.6 Nursing FTE		
# Allied Health	1 adult Social Worker (shared with home hemo), 0.5 paediatric Social Worker (shared), 4 Dietitians (shared)	No changes		

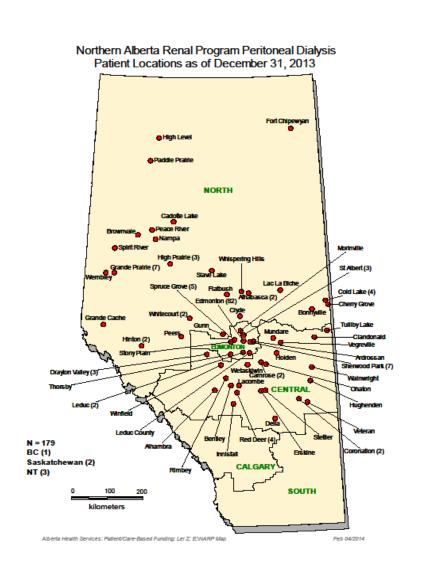
## Clinical Update

	2013	2014
Peritonitis rates:	2012 Adult 1:29.3 2012 Pediatric 1:33.4	2013 Adult 1:28.2
Dominate method of catheter placement:	<ul> <li>Adults all have surgically buried catheters.</li> <li>Children have a mix of buried and open catheters.</li> </ul>	No changes
Availability of LTC facilities/unique settings to accommodate PD	<ul> <li>1 auxiliary hospital (LTC) provides preferential placement of PD patients. Funded for 7 beds.</li> <li>PD nursing staff provide oncall service to 2200 h daily including weekends and statutory holidays to patients and healthcare professionals in outlying communities (EDs, rural hospitals).</li> </ul>	No changes

#### Areas of Focus:

Identified in 2013	Outcomes/Update	
<ul> <li>E-survey of all NARP staff for knowledge and education needs regarding the home dialysis programs.</li> <li>Group adult modality education class for Renal Insufficiency Clinic patients.</li> <li>Strategies for growth! New funding for additional 1 FTE nursing for PD (2 FTE nursing for home hemo).</li> </ul>	<ul> <li>E-survey completed.</li> <li>Staff know benefits and believe in the value of home dialysis; need education and resources.</li> <li>Home Dialysis Champions Day in September 2013. Over 100 NARP staff attended. On-unit home dialysis resources and advocates.</li> <li>Kidney Treatment Choices class: patient group modality education class held twice monthly. Co-taught by RNs from Renal Insufficiency Clinic and PD. First class in October 2013.</li> <li>New Red Deer (Central Zone) PD RN placed in October 2013. Improved access to services. Less travel time for patients for training and follow up.</li> </ul>	

#### Challenges and Opportunities:



#### Challenges and Opportunities 1:

Identified in 2013	Outcomes/Updates
<ul> <li>Greatest Challenge: Children account for up to 20% of nursing workload.</li> <li>Opportunities: Renal services review; opportunities for collaboration with SARP.</li> <li>No new HD units being built; home dialysis programs the only capacity for growth in NARP.</li> </ul>	<ul> <li>Large program: broad geographic base including Central, Edmonton, and North zones in AB, NWT, NT, and SK (pediatrics)</li> <li>Clinical care, planning, and coordination:         <ul> <li>New inpatient Clinical Nurse Educator; improve PD competencies on inpatient units and at other hospitals.</li> <li>Good "Gets": 53% PD admissions from Renal Insufficiency Clinic</li> <li>Good program losses: 31.4% PD discharges to Transplant</li> </ul> </li> </ul>

#### Challenges and Opportunities 2:

Identified in 2013	Outcomes/Updates
<ul> <li>Greatest Challenge: Children account for up to 20% of nursing workload.</li> </ul>	<ul> <li>Need for exclusive modality RN. Narrow the gap between general knowledge and specific referral.</li> </ul>
<ul> <li>Opportunities: Renal services review; opportunities for collaboration with SARP.</li> </ul>	<ul> <li>Collaboration with SARP for development of certain province-wide policies.</li> </ul>
No new HD units being built; home dialysis programs the only capacity for growth in NARP.	Capacity continues to be a challenge; home dialysis programs (both PD and Home Hemodialysis) remain the only capacity outlet for growth in NARP.

# **Contact Information Questions? Comments? Contact Frances Reintjes, Unit Manager Home Peritoneal and Home Hemodialysis Programs** Frances.Reintjes@albertahealthservices.ca 780 - 407 - 2948