

Thursday, April 3<sup>rd</sup> – Friday, April 4<sup>th</sup>, 2014

Southern Alberta Renal Program (SARP) UPDATE 2014

### **Program Description**

|                                    | 2013   | 2014  |  |  |
|------------------------------------|--|---|--|--|
| Number of Patients                 | Total: 221<br>(Calgary 193, Medicine Hat 10,<br>Lethbridge 18)   | Total:233 YTD<br>Calgary 209, Med Hat 5, Leth 19  |  |  |
| Prevalence Rate                    | 21% PD, 28% home therapies   | 22% PD, Home Therapies 29%  |  |  |
| % CAPD vs % CCPD                   | 25% CAPD vs 75% CCPD   | 17% CAPD vs 74% CCPD  |  |  |
| Staffing Design                    |  |   |  |  |
| # Nephrologists<br>Dedicated to PD | There are 21 nephrologists in Calgary,<br>1 Lethbridge, 1 Med Hat and none of<br>them are dedicated PD. They all have<br>PD pt's and they follow all of their own<br>pt's. | Nephrologists Calgary 22, Leth 1<br>Med Hat 1<br>All follow their pts through all modalities.<br>None are dedicated   |  |  |
| # Nursing Staff                    | Calgary<br>1.0 FTE RN Clinician<br>7.8 FTE RN's<br>1.0 FTE RN Clinician/Mod Ed<br>Leth/Med Hat<br>4.89 FTE combined CKD/PD   | Calgary<br>1.0 FTE RN Clinician<br>7.8 FTE RN's<br>1.0 FTE RN Clinician/Mod Ed<br>Leth<br>2.63 FTE CKD/PD/Transplant<br>Med Hat<br>2.26 FTE CKD/PD                                |  |  |
| # Allied Health                    | Dietitian 0.4 FTE<br>Social Worker 0.5 FTE<br>Pharmacist 0.5 FTE   | Dietician 0.4 FTE PD, SW 0.5 FTE PD<br>Pharmacist 2.3 FTE CKD/PD<br>Leth/Med Hat-Dietician,Pharmacist and<br>Social Workers follow all PD, Hemo, CKD<br>as well as Transplant pts |  |  |

## **Clinical Update**

|   | 2013  | 2014   |
|---|---|--|
| Peritonitis rates:  | 1/65 pt months  | 1/40 pt months   |
| Dominate method<br>of catheter<br>placement:                              | PD catheters are Laparoscopic<br>surgical placements done by the<br>transplant/access surgeons.   | Majority continue to be laparoscopic<br>insertions<br>Surgeons are now also inserting<br>buried catheters  |
| Availability of LTC<br>facilities/unique<br>settings to<br>accommodate PD | <ul> <li>1 LTC facility in Calgary where we have 5 beds available for PD pt's and the staff are fully trained to care for them. Along with 1 respite bed which was available.</li> <li>1 LTC facility in rural Southern Alberta that have trained staff who are willing to take PD pts – currently had no one admitted</li> <li>Have cycler assist available through a partnership with home care. LPN's have been trained to set-up and strip cycler machines. The pt/family must still attend the training and participate by putting themselves on the machine and managing the alarms.</li> </ul> | <ul> <li>Calgary still has 1 LTC facility with 5 beds for PD.</li> <li>Calgary has 1 respite bed</li> <li>Rural Southern AB has had 1 PD pt admitted to LTC facility.</li> <li>Calgary continues to offer cycler assist through the partnership with Home Care. This remains a valuable service to our pts, and we are continuing to train more Home Care LPN's to keep up with the demand.</li> </ul> |

### Areas of Focus:

| Identified in 2013   | Outcomes/Update  |
|--|--|
| <ul> <li>Working on trying to track how<br/>many pt's have to start on hemo,<br/>but have chosen PD as a<br/>modality. We are hoping with the<br/>introduction of buried catheters<br/>that this could decrease the<br/>number of pts who have to start<br/>on hemo on an urgent basis.</li> </ul> | <ul> <li>In June of 2013 the surgeons<br/>initiated the buried catheter<br/>placement. To date 18 buried<br/>catheters have been placed, and<br/>4 pt's have started successfully<br/>on PD upon exteriorization. Will<br/>continue to follow and evaluate.</li> </ul> |
| <ul> <li>Presently we are capped at 6 pt's<br/>who can be on the cycler assist</li> </ul>  | <ul> <li>We have been able to increase<br/>our capacity to 12 pt's on cycler</li> </ul>  |

assist this year.

who can be on the cycler assist program with home care and we hope to increase this number to at least 12.

#### Areas of Focus: 2014-2015

- We are continuing to collaborate with NARP (Northern Alberta Renal Program) on standardizing as many policy's and procedures and educational material as possible within AHS.
- We are in the process of developing questionnaires to assess our teaching material to ensure that we are meeting the learning needs and learning styles of our pts.
- Lethbridge CKD/PD clinic has begun having group modality education classes for which the feedback has been very positive.

# Current Challenges and Opportunities 2014-2015

- Although we have had a respite bed available to our pt's, we have found that it has been a challenge to get anyone to take advantage of the service.
- We are finding it challenging to start pt's urgently in our outpatient clinic despite having a process to do so. For one, we are at capacity for training pts on a weekly basis and lack space. We also found that we were experiencing exit site leaks.
- The cycler assist program is once again nearing capacity, so we will work with Home Care to increase the number to 18 over the next year.