



# 22<sup>nd</sup> ANNUAL

THE ONLY CANADIAN  
CONFERENCE DEDICATED TO  
PERITONEAL DIALYSIS



WESTERN  
CANADA

PD  
DAYS

CELEBRATING THE PAST **EMBRACING THE FUTURE**



7<sup>th</sup> - 9<sup>th</sup>  
FEBRUARY  
2013

RENAISSANCE VANCOUVER HARBOURSIDE HOTEL • VANCOUVER, BRITISH COLUMBIA



## CONFERENCE PROGRAM

**ALL SESSIONS WILL TAKE PLACE IN SALON A, LEVEL 1**

**Registration opens at 5:00 PM- Cordova Foyer**

5:30 – 7:15 PM

**Provincial Team Updates**

7:15 – 9:00 PM

**Dinner- Vistas, 34<sup>th</sup> floor**

**THURSDAY,  
FEBRUARY 7<sup>TH</sup>**

**FRIDAY,  
FEBRUARY 8<sup>TH</sup>**

8:30 AM

### **Opening Remarks**

*Chairs: Dr. Paul Taylor and Dr. George Pylypchuk*

8:45 – 9:45 AM

### **An Ode to Dr. Oreopoulos**

*Dr. Jack Moncrief*

- How peritoneal dialysis became a standard treatment

9:45 – 10:15 AM

### **Break & Networking**

10:15 – 10:50 AM

### **Cardiology and Nephrology – Diseases with Acronyms**

*Dr. Victor Huckell*

- Understand goals of secondary prevention after CKD develops
- Review lipid management strategies pre- and post-CKD

10:50 – 11:25 AM

### **Protein and Energy: Are PD Patients Different?**

*Vicky Ngo*

- Learn the energy and protein requirements for PD patients based on current evidence
- Compare if these requirements are any different from other renal replacement modalities
- Recognize the challenges of meeting these requirements and explore the strategies to meet these requirements

11:25 AM – 12:00 PM

### **Introduction to PDOPPS: The Peritoneal Dialysis Outcomes Practice Pattern Study Objectives**

*Dr. Jeffrey Perl*

- Understand the current status of peritoneal dialysis technique survival in Canada
- Provide an organizational framework to understand the causes of peritoneal dialysis technique failure
- Appreciate the role of PDOPPS of enhancing our understanding of modifiable causes of peritoneal dialysis technique failure in Canada

12:00 – 1:00 PM

### **Lunch & Networking**

1:00 – 1:45 PM

### **MP Catheter as the “AV Fistula” of PD**

*Dr. Mrinal Dasgupta*

### **Subcutaneous Catheter Implantation**

*Dr. Jack Moncrief*

- Understand the establishment and exteriorization of the peritoneal dialysis catheter

1:45 – 2:45 PM

### **Urgent Starts – Experience in Western Canada: Practice Summary and Issues**

*Fraser Health Perspective*

*Dr. Daniel Schwartz*

- Understand the rationale for urgent start peritoneal dialysis
- Learn how to implement urgent start PD at your centre

*Saskatchewan Perspective*

*Dr. George Pylypchuk*

- Determine the number of urgent dialysis starts
- Understand demographics of urgent starts

*Providence Health Care Perspective*

*Dr. Abeer Jamal*

- Compare PD vs. HD for Acute Kidney Injury
- Understand why PD is under-represented as therapy for Acute Kidney Injury

2:45 – 3:15 PM

### **Break & Networking**

3:15 – 4:15 PM

### **Hybrid Dialysis: Experience in Western Canada – Practice Issues**

*Dr. Gaylene Hargrove*

- Identify clinical and psychosocial factors that may influence the decision to proceed with hybrid dialysis
- Understand potential advantages and pitfalls of hybrid dialysis

4:15 – 4:30 PM

### **Closing Remarks**

*Chairs: Dr. Paul Taylor and Dr. George Pylypchuk*

**SATURDAY,  
FEBRUARY 9<sup>TH</sup>**

**Registration opens at 7:00 AM- Cordova Foyer**

7:00 – 8:00 AM

**Continental Breakfast**

7:55 AM

### **Opening Remarks**

*Chairs: Dr. Paul Taylor and Dr. George Pylypchuk*

8:00 – 8:45 AM

### **Understanding Peritoneal Dialysis Prescriptions: A Primer for Nurses**

*Betty Kelman*

- Discuss approach to prescribing peritoneal dialysis
- Review options for adjustments of peritoneal dialysis prescriptions

8:45 – 9:30 AM

### **Medication Reconciliation: We All Share the Responsibility**

*Clifford Lo and Bob Dutta*

- Understand why a medication reconciliation program can improve quality of care for your PD patient
- Understand how medication reconciliation can be implemented or improved in your peritoneal dialysis program

## OUR GENEROUS SPONSORS

9:30 – 10:00 AM **Break & Networking**

10:00 – 10:45 AM

### **Surviving Peritoneal Dialysis: The Journey from Novice to Expert**

Betty Kelman

- Differentiate a novice from an expert based on Benner's Classification of Nurses
- Describe survival skills for a novice
- Discuss the development of expert skills based on knowledge and experiential learning

10:45 – 11:30 AM

### **On-call PD Nursing**

Fraser Health's Perspective

Katie Cave

- Describe on-call PD nursing in the Fraser Health PD Program
- Understand the role of the on-call PD nurse

Winnipeg's Perspective

Andrea Goertzen

- Receive an overview of Manitoba patient population/demographics and geographical locations
- Historically "How did we get here"

Berlene Villanueva

- Receive an overview of the current processes used by St. Boniface Nurses
- Understand the challenges and opportunities that present with after hour calls

11:30 AM – 12:15 PM

### **When the End Arrives: A Practical Approach to Terminal Care in PD Patients**

Dr. Chandra Thomas

- Recognize the steps that are necessary to facilitate a good death in PD patients
- Have an approach to treating common terminal symptoms

12:15 – 1:15 PM **Lunch & Networking**

1:15 – 2:00 PM

### **Ethnic Food and PD Patients – What to Be Aware of**

Jiak Chin Koh

- Understand the roles of culture and ethnicity in food preferences and habits
- Recognize the challenges of integrating some ethnic foods in the PD diet
- Learn practical strategies to incorporate ethnic and cultural food preferences in the PD diet

2:00 – 3:00 PM

### **Effect of Geography & Socioeconomic Status on Mortality and Morbidity with PD**

Dr. Rajnish Mehrotra

- Understand the relationships of differences in geographic location and rurality of patient residence on outcomes with peritoneal dialysis
- Appreciate the role that patient socioeconomic status plays in determining outcomes of patients treated with peritoneal dialysis

3:00 – 3:05 PM

### **Closing Remarks**

Chairs: Dr. Paul Taylor and Dr. George Pylypchuk

## PLATINUM



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## ACCREDITATION



Canadian Society of Nephrology/  
Société Canadienne De Néphrologie  
CSN/SCN

This program has been accredited by the CSN as a group learning activity for 12 Royal Collage MOC credits. All health professionals will receive certificates of attendance to submit for continuing education hours.



# An Ode to Dr. Oreopoulos

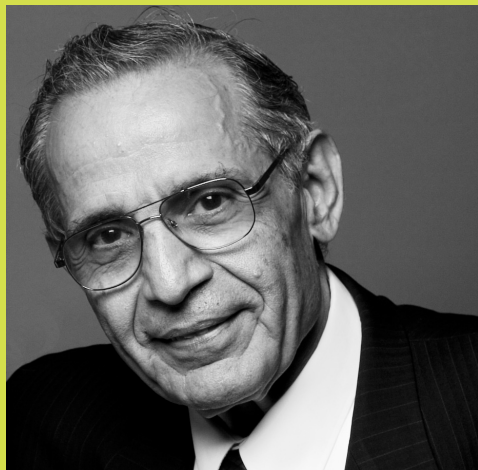


Photo by Vanessa Heins

**W**estern Canada PD Days 2013 is dedicated to the memory of Dr. Dimitrios Oreopolos—one of the fathers of peritoneal dialysis.

Born in Greece, Dr. Oreopoulos completed his MD in Athens before moving to Ireland where he received his PhD at Queens University, Belfast. In 1969 he moved to Canada, which became his permanent home, and joined the Metabolic Renal Clinic at Toronto Western Hospital. It was during these early days in Toronto that Dr. Oreopoulos found himself involved with the hospital's PD clinic, a relationship that influenced the remainder of his career and changed the practice of PD in Canada, the U.S. and worldwide.

Dr. Oreopoulos was widely acknowledged as the foremost expert and proponent of Continuous Ambulatory Peritoneal Dialysis (CAPD). His research led to the development of a modified PD technique that avoided numerous perforations in the abdominal wall, significantly reducing pain and the rate of infections compared with previously used techniques. He simplified peritoneal dialysis by connecting the catheter to a plastic bag rather than large glass jars. This allowed patients to dialyze at home without a machine and with a reduced risk of infection since the bags are not reused. His work simplified peritoneal dialysis treatment, addressed issues of nutrition, reduced risk of infections and allowed patients of all ages, including children, to thrive on PD and to dialyze at home.

In addition to his clinical work and research in the area of peritoneal dialysis, Dr. Oreopoulos was a professor at the University of Toronto where he was devoted to improving the health of individuals with kidney failure through education. Committed to enhancing the knowledge of his peers, he is credited with mentorship of over 100 nephrologists from around the world. Dr. Oreopoulos' passions to share and encourage research led him to found several journals, including *Humane Healthcare International* which focused on ethical care of patients, and *Peritoneal Dialysis International* (PDI) and its predecessor the *PD Bulletin*. He founded the International Society for Geriatric Nephrology and Urology, and served as a driving force in creating the first nephrology training curriculum in geriatric nephrology, and often spoke out on the need to improve care for aging kidney patients.

Dr. Oreopoulos was the recipient of numerous honorary degrees and awards including the prestigious Belding Scribner Award (1998) and an award in geriatric nephrology (2012) from the American Society of Nephrology. A formal dedication of the Oreopoulos-Baxter Memorial Lectureship of Home Dialysis Therapies will be made at the 2013 CSN meeting in Montreal. In his personal life, Dr. Oreopoulos was a leader in the Greek

community of Ontario and served as president of the Hellenic Home for the Aged (1987-1995), Greek Orthodox Education in Ontario (1996-2001), and Athens Villa (1997-2004). What many do not know about Dr. Oreopoulos is that he did not learn English until he was 30, early in his life he contemplated entering the priesthood, and he was an author of children's books.

Dr. Oreopoulos strongly believed in a compassionate and holistic approach to his patients' welfare, and made this a focal point of his teachings. His selfless dedication to his patients and his drive to innovate and improve their care will surely continue to inspire others for years to come.



Information obtained from:  
Bargman JM. Dimitrios G. Oreopoulos—An Appreciation. *CJASN*. July 06, 2012 (7): 1188-1189  
ASN Foundation for Kidney Research. Biographies: Dimitrios G. Oreopoulos. MD, PhD. [www.asn-online.org](http://www.asn-online.org)  
Singh, AK. In Memoriam: Dimitrios G. Oreopoulos. April 29, 2012.

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