

# **Vasodilators**

(hydralazine, isosorbide dinitrate, minoxidil)

## PHARMACY INFO SHEET

#### WHAT IT DOES:

Controls:

- a. Hypertension (high blood pressure)
- b. Congestive heart failure (hydralazine)

## **HOW IT WORKS:**

Relaxes blood vessels and decreases blood pressure.

## WHAT TO DO IF YOU MISS A DOSE:

If you miss a dose and remember within a few hours, take it when you remember. However, if you do not remember until the next day, skip the missed dose and go back to your regular schedule.

## POSSIBLE SIDE EFFECTS:

Contact your doctor if any of the following occur:

#### **HYDRALAZINE**

- Diarrhea
- Fast, irregular heartbeat
- Headache
- Loss of appetite
- Nausea/vomiting
- Flushed face
- Shortness of breath
- Skin rash or itching
- Joint pain
- Chest pain (rare)
- Fever/sore throat
- Swollen glands
- Numbness /weakness in hands/feet

#### ISOSORBIDE DINITRATE

- Headache
- Dizziness
- Weakness
- Fainting
- Low blood pressure
- Flushing of skin

#### MINOXIDIL

- Fast/irregular heartbeat
- Rapid weight gain
- Increased hair growth (usually on face, arms, back)
- Bloating
- Swelling of feet/legs
- · Numbness or tingling
- Headache
- Skin rash/itching

## **PRECAUTIONS:**

Check with your pharmacist or doctor before taking any non-prescription medicines.

you are taking this medication.	

Use the space below to write down why