BCRenal
an agency of the Provincial Health Services Authority

Zinc Gluconate

PHARMACY INFO SHEET

WHAT IT DOES:

This medication is a mineral supplement.

HOW IT WORKS:

Zinc is a natural substance that your body needs to function normally. Zinc may be lost during dialysis, dietary intake may be limited and it may be poorly absorbed. This medication helps to replace zinc.

HOW TO TAKE IT:

Take this medication as directed on the container. Do not take more or less than is prescribed.

Do not take at the same time as calcium or iron tablets.

WHAT TO DO IF YOU MISS A DOSE:

If you forget to take a dose, take it as soon as you remember. If you don't remember until the next day, take your usual dose. DO NOT double your dose.

POSSIBLE SIDE EFFECTS:

Stomach upset or nausea may occur. If this occurs, take right after eating. Contact your doctor if any of the side effects persist or become severe and intolerable.

Use the space below to write down why you are taking this medication.