



Important Info About My Veins

For Patients with a Fistula or Graft for Dialysis



- Use the veins on either of my hands or my _____ (non-fistula/graft) arm for IVs or blood draws
- No needle punctures in my forearm or the inside of the elbow of my arm with the fistula/graft
- No BPs on my arm with fistula/graft
- If long-term central line is required, use tunneled internal jugular vein. Use PICC lines as last resort

For Blood Work and/or IVs



1st
CHOICE Veins on the backs of either of my hands

2nd
CHOICE Forearm veins in my dominant arm (if fistula/graft in place, use non-fistula/graft arm)

3rd
CHOICE Veins in the inside of the elbow of my dominant arm (if fistula/graft in place, use non-fistula/graft arm)

* Use as small a needle as possible (general rule: 22 gauge or smaller)