To obtain TOLVAPTAN for your patient:

- Ensure the patient is registered in PROMIS with a diagnosis of ADPKD.
- Fax this prescription to Macdonald’s Pharmacy at 1-855-569-0660.
- If this is a new prescription, also fax a completed Patient Provider Agreement Form (PPAF) to Macdonalds Pharmacy.
- Complete a BCPRA laboratory requisition for patients on tolvaptan (available on page 2 and on the BCPRA website). Then ensure baseline blood tests are completed and reviewed prior to initiation.

This is a:
☐ New prescription
☐ Change to existing prescription

TOLVAPTAN split dose regimen:
☐ TOLVAPTAN 45 mg PO every morning and 15 mg po 8 hours later (recommended starting dose)
☐ TOLVAPTAN 60 mg PO every morning and 30 mg po 8 hours later
☐ TOLVAPTAN 90 mg PO every morning and 30 mg po 8 hours later

Quantity:
☐ 12 month supply dispensed at 4 week intervals after reviewing blood tests (default option)
☐ 12 month supply dispensed at 8 week intervals after reviewing blood tests
  (only choose this option if the patient has been on treatment for over 18 months)
☐ Other: ________________________________

Note: tolvaptan cannot be dispensed without evidence of up to date monitoring of hepatic enzymes.
REQUEST FOR LABORATORY SERVICES
For ADPKD Patients on Tolvaptan

INSTRUCTIONS
Complete the following blood work at your local laboratory before starting the drug and then at the following intervals:
- Every month for the first 18 months
- Every three months thereafter

Perform these tests first thing in the morning.

LABORATORY TESTS:
- CBC with differential, creatinine, urea, sodium, potassium, bicarbonate, chloride
- AST, ALT, ALP, GGT, total bilirubin, albumin, calcium, phosphate, uric acid
- Urine albumin-creatinine ratio
- Urine osmolarity

FREQUENCY:
- Tolvaptan start date: ________________ (DD/MM/YYYY)
- Monthly (necessary frequency for first 18 months of treatment)
- Every 3 months (necessary frequency after the first 18 months of treatment)
- And PRN as directed by physician.

DURATION:
- 1 year
- Other (please specify) ________________________________

Additional tests:

Distribute results to all those ticked below:

- [ ] Ordering Nephrologist:
- [ ] Copies to:
- [x] Computer Download PROMIS (BC Bio-Med LEAD4, LifeLabs H0762)