

# I Am in the Process of Looking for a Living Donor

Step 1

Step 2

Step 3

Step 4

Step 5

Step 6

## What to expect

Your kidney care team will start to talk with you about **living donor outreach** and the best ways to tell your story to your friends, your family, and your community. The team will provide you with support and resources along the way to help you overcome any challenges. While the team will help you develop a Living Donor Outreach Plan, it is your responsibility to do the outreach and make the connections with potential living donors. Potential donors need to come forward voluntarily without feeling pressure or coercion, especially from anyone involved in your kidney care.



## Things to think about and discuss

It can be challenging to reach out to people about living kidney donation. The resources below can help but it is also important to talk with your kidney care team as they can help to make the process easier.

- [Getting the word out: A step-by-step guide for reaching out to potential donors](#)
- [Donor outreach letters](#) (Go to Step 3 on this web page to see samples in English, Chinese and Punjabi)

## When will I be contacted by my kidney care team?

- To begin development of a Living Donor Outreach Plan.
- To follow-up about the status of your Living Donor Outreach Plan and help you address any barriers.

## Decisions I need to make now:

- How will I develop my Living Donor Outreach Plan?
- Am I comfortable accepting a kidney from a living donor?

## Questions to ask my kidney care team:

- When should I start looking for a donor?
- How do I talk to someone about being my living donor?
- Can I use social media to find a donor?
- I'm overwhelmed with the thought of trying to find a live donor, who can I reach out to for support?
- I would like a living kidney donor transplant but am not comfortable approaching people myself, are there any other options?
- Who do people contact if they are thinking of being my donor?
- Is there a limit on how many donors I should try to find?
- How do I know if someone is eligible to be my donor? E.g., age, health status, blood type, relative or friend
- Does a potential donor have to live in BC?
- Should I wait to start my donor outreach until I find out my blood type?
- My kids want to donate, how do I know they will not have kidney disease in the future?
- What do donors go through to donate a kidney?



### Where am I in the transplant process?

- ☐ I have started to develop a Living Donor Outreach Plan.

### Notes:

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