4. When in the shower:
   a. Use a hand-held shower, if possible.
   b. Don’t face the shower. Keep the direct spray away from the area of your catheter.
5. Once out of the shower:
   a. Gently pat dry the saran wrap/showering cape with a clean towel. Remove the saran wrap/showering cape.
   b. Dry the rest of your body.
6. If the dressing peels off or accidentally gets wet, wash your hands well and remove what is left of the bandage. Put on a clean, dry 4x4 and tape the gauze in place. Go to your dialysis unit to have a proper dressing applied.
7. Be aware of signs of infection. Contact the hemodialysis unit if:
   • There is any redness, warmth or pain along the catheter.
   • There is any oozing or drainage from your catheter exit site.
   • You have noticeable swelling or itching around your catheter or neck.
   • You are feverish, and have any of the above symptoms.
   • You notice the part of your catheter outside your skin seems to be getting longer.

This brochure can be downloaded from the BC Renal Agency website: www.bcrenalagency.ca

The information in this pamphlet is provided for educational/information purposes, and to support discussion with your health care team about your medical condition and treatment. It does not constitute medical advice and should not substitute for advice given by your physician or other qualified health care professional.