

## Better Together: A Patient Centered Approach to Kidney Care

### Thursday, November 5<sup>th</sup>, 2020

TIME	SESSIONS & CHAIRS	PRESENTATIONS & SPEAKERS
<b>8:30 am GO LIVE</b>		
<b>8:55 am-9:20 am</b> <i>Live webcast</i>	<b>Welcome, Announcements</b>  <b>Moderators:</b> Drs. James Lan & Anurag Singh	(8:55 am) <b>BC Kidney Days Planning Committee Chairs:</b> <i>Drs. James Lan and Anurag Singh</i> (9:00 am) <b>Event opening:</b> <i>Alec Dan, Musqueam Knowledge Keeper</i> (9:05 am) <b>PHSA representative:</b> <i>Dr. Maureen O'Donnell, Executive Vice President, Clinical Policy, Planning and Partnerships, Provincial Health Services Authority</i> (9:10 am) <b>Welcome from Executive Directors:</b> <i>Dr. Adeera Levin, BC Renal</i> (9:15 am) <i>Eric Lun, BC Transplant</i>
<b>9:20 am-9:25 am</b> <i>Live webcast</i>	<b>Connecting as a Community</b>	Kidney COVID Heroes montage – <i>"You are all doing a great job!"</i>
<b>5 mins to transition</b>	<b>Connecting as a Community</b>	Patient visual & performing arts
<b>9:30 am-10:10 am</b> <i>Live webcast</i>	<b>Plenary 1</b> <b>Keynote Presentation:</b>  <b>Moderator:</b> Dr. James Lan	<b>Battling the Infodemic: Misinformation in the Era of COVID-19</b> <b>Speaker:</b> <i>Timothy Caulfield</i> <b>Learning Objectives:</b> 1. Understand the scope and nature of the "infodemic" and the primary sources of COVID-19 misinformation 2. Identify the harms associated with the spread of misinformation in this context 3. Analyze the arguments for and against debunking misinformation 4. Utilize effective debunking strategies
<b>10:10 am-10:40 am</b> <i>Live webcast</i> Includes: <b>10:20 am – 10:30 am</b> <i>Dance-fitness</i>	<b>COFFEE &amp; EXERCISE BREAK</b>  <b>Exercise break:</b> BollyX - The Bollywood Workout <b>Dance-fitness instructor:</b> <i>Tamara Graham, patient partner with BC Renal and volunteer with The Kidney Foundation</i>	
<b>10 mins to transition</b>	<b>Connecting as a Community</b>	Patient visual & performing arts
<b>Concurrent sessions:</b>  <b>10:50 am-11:30 am</b> <i>All sessions have separate links in event app that attendees can choose and access day of event</i> <i>Pre-recorded</i>  <i>Speakers are live for their introduction and Q&amp;A</i>	<b>1. Moderator:</b> Dr. James Lan	<b>Transplant - Recipient Risk Scores and Risk Mitigation with COVID-19: To Pause or Not Pause Programs &amp; Lessons Learned</b> <b>Speaker:</b> <i>Dr. Jag Gill</i> <b>Learning Objectives:</b> 1. To review the impact of COVID-19 on transplantation services 2. To review the mitigation strategies to allow for safe delivery of transplantation services during the COVID-19 pandemic
	<b>2. Moderator:</b> Dan Martinusen	<b>Evolving Treatment Options for Hyperkalemia</b> <b>Speaker:</b> <i>Dr. Biff Palmer</i> <b>Learning Objectives:</b> 1. Describe the mechanisms of K transport in each segment of the nephron and how transport is altered in patients with chronic kidney disease 2. List medications that disrupt the renin-angiotensin-aldosterone axis beginning with inhibition of renin release and extending to blocking the actions of aldosterone 3. List differences between currently available potassium binding drugs indicated for treatment of hyperkalemia
	<b>3. Moderator:</b> Sarah Thomas	<b>Building Resilience for Dealing with Moral Distress – Keeping It Together When a Pandemic Pulls You Apart</b> <b>Speaker:</b> <i>Dr. Bashir Jiwani</i> <b>Learning Objectives:</b> 1. Increase understanding of moral distress 2. Be exposed to methods for building resilience in dealing with moral distress
	<b>4. Moderator:</b> Dr. Anurag Singh	<b>Virtual Kidney Care in 2020 and Beyond</b> <b>Speaker:</b> <i>Dr. Mike Bevilacqua</i> <b>Learning Objectives:</b> 1. Understand the philosophy and benefits of interdisciplinary kidney care delivery

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		<p>2. Gain familiarity with the various virtual/remote care delivery options</p> <p>3. Develop an approach to determining which care delivery options are best for which patients and when</p> <p>4. Introduce evaluation considerations to enable ongoing quality improvement of virtual care delivery</p>
	<p>5. <b>Moderator:</b> Deidra Goodacre</p>	<p><b>Cannulation: Tips and Lessons Learned from 35 Years of Practice</b> <i>Speaker: Rick Luscombe</i></p> <p><b>Learning Objectives:</b></p> <ol style="list-style-type: none"> <li>1. Review of pre cannulation assessment</li> <li>2. Discuss similarities and differences between teflon and steel needle cannulation</li> <li>3. Share tips on cannulation and trouble shooting that have saved me well</li> </ol>
	<p>6. <b>Moderator:</b> Karen Parinas</p>	<p><b>Evolution of the Renal Diet: Time for a Paradigm Shift</b> <i>Speaker: Dr. David St-Jules</i></p> <p><b>Learning Objectives:</b></p> <ol style="list-style-type: none"> <li>1. Examine the scientific premise and rationale for the nutrient-based approach to the renal diet</li> <li>2. Discuss potential flaws in the assumptions and problems in the application of the renal diet</li> <li>3. Explore alternative strategies for managing diet-related complications in people with kidney disease</li> </ol>
<b>TIME</b>	<b>SESSIONS &amp; CHAIRS</b>	<b>PRESENTATIONS &amp; SPEAKERS</b>
<p><b>11:30 am-12:30 pm</b> <i>Live webcast</i> Includes: <b>11:35 am – 12:00 pm</b> <i>Cooking Session</i></p>	<p><b>LUNCH BREAK</b></p> <p><b>Cooking Session:</b> Explore and compare Indigenous and European culture and cuisine <i>Celebrity Chefs: Moosemeat &amp; Marmalade duo, Bush Cook &amp; Art Napoleon, and classically trained British Chef, Dan Hayes</i></p>	
<p>5 mins to transition</p>	<p><b>Connecting as a Community</b></p>	<p>Patient visual &amp; performing arts</p>
<p><b>12:35 pm-1:15 pm</b> <i>Live webcast</i></p>	<p><b>Plenary 2:</b> <b>Moderator:</b> Dr. Anurag Singh</p>	<p><b>Positive Reflections: A BC Kidney Community Perspective on the COVID-19 Pandemic</b> <i>Speakers: Drs. Michael Copland and John Antonsen, Teresa Atkinson, BCR Patient Partner</i></p> <p><b>Learning Objectives:</b></p> <ol style="list-style-type: none"> <li>1. Share pandemic response in kidney care and its impact from the medical professional and patient perspectives</li> <li>2. Learn about how COVID-19 has affected the patient journey and the supportive response in the community</li> <li>3. Reflect on how we have been able to and could continue to accomplish positive outcomes together</li> </ol>
<p><b>1:15 pm-1:55 pm</b> <i>Live webcast</i></p>	<p><b>Plenary 3:</b> <b>Moderator:</b> Paula Hann</p>	<p><b>Journeying Together: Creating a Map to What Matters Most to Patients</b> <i>Panelists: Catherine Shotton, Deborah Litvack, Helen Chiu, Laura Bennett, Susan Rawlings</i></p> <p><b>Learning Objectives:</b></p> <ol style="list-style-type: none"> <li>1. Learn about a provincial strategy to improve goal-setting conversations focusing on what matters most to the patients living with kidney disease</li> <li>2. Discuss challenges in having goal-setting conversations and supporting the patients in their action plans within kidney care settings</li> <li>3. Discover opportunities to initiate and sustain action-oriented conversations with patients and families living with kidney disease</li> </ol>
<p>5 mins to transition</p>	<p><b>Connecting as a Community</b></p>	<p>Patient visual &amp; performing arts</p>
<p><b>2:00 pm-2:20 pm</b> <i>Live webcast</i></p>	<p><b>Wilma Crockett Memorial Award</b> <b>Presented by:</b> <i>Dr. Dan Martinusen</i> <b>2020 Recipient:</b> <i>Dr. Karen Shalansky, Pharmacotherapeutic Specialist in Nephrology at Vancouver General Hospital</i></p>	
<p><b>2:20 pm-2:30 pm</b> <i>Live webcast</i></p>	<p><b>Closing Remarks</b></p>	<p><b>BC Kidney Days Planning Committee Chairs:</b> <i>Drs. James Lan and Anurag Singh</i></p>