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BRITISH COLUMBIANS ARE AFFECTED BY KIDNEY DISEASE.



MANY DON'T EVEN KNOW IT.

Check your kidney health online at:

 **KidneySmart.com**

Kidney disease is a silent disease.

Symptoms may not appear until extensive damage has been done to your kidneys.

RISK FACTORS FOR CHRONIC KIDNEY DISEASE INCLUDE:



**HEART
DISEASE**



**HIGH
BLOOD
PRESSURE**



**ASIAN,
SOUTH ASIAN,
ABORIGINAL,
OR AFRICAN
DESCENT**



**FAMILY
HISTORY
OF KIDNEY
DISEASE**



OBESITY



SMOKING



DIABETES

An initiative of:

