HOME
HEMODIALYSIS IN BC

September 29, 2016
Presented on behalf of the BCPRA HHD committee
HHD OVERVIEW

- Introduction
- HHD committee
- HHD provincial program
- Current stats
- Patient’s perspective
- When can KCC team engage with the HHD team?
- Transition from KCC to HHD
- Myths of HHD
BC Home Hemodialysis Program

- Initiated in 2004
- Independent hemodialysis as a modality to renal patients - home or in a self care facility
- Provincial contract for purchase of machines/supplies
- Activity based funding model
- Goal: to increase the % of HHD patients from 5.3% to 10% in 5 years
- Two machine model in BC
In 2016, 160-170 HHD patients in BC

11 HHD sites in BC

Each patient has a Home hemodialysis educator and team as a support and resource

Home hemodialysis nurses are trained on the Baxter/Gambro AK 96 or NxStage machines
WHAT DO PATIENTS THINK OF HHD?

- Can schedule hemodialysis into their life
- Can increase the frequency of dialysis=feeling better
- No travel to a dialysis unit- of benefit for rural and remote patients
- More control over life
WHEN SHOULD A KCC NURSE ENGAGE THE HHD TEAM?

- If a kidney care patient is showing interest in Home Hemodialysis, regardless of GFR.
- If a patient has received teaching about treatment modalities and is interested in home hemodialysis.
- If a patient parachutes into dialysis through Kidney care clinic and shows potential for home hemodialysis.
- If an established KCC patient (with interest in HHD in past) unexpectedly starts hemodialysis.
Well timed HHD start

Communicate with the HHD team early and regularly if patient status changes through the years

Allow time for the Kidney care patient to establish a relationship with the HHD nurse (face to face, phone call, clinic appt)

First visit with the HHD nurse- basic assessment (home, support system, lifestyle, vascular access) open discussion to build relationship
WHAT HAPPENS TO YOUR KCC PATIENT WHEN THEY START HHD?

- Start HD in an incentre HD unit to ensure stability (access, dialyzer, medically stable) approx 1 week
- Home assessment and water testing
- Pt Training- standardized across BC; 6-8 weeks
- MDT assessment during training and ongoing
- HHD nurse- home visit on initial run at home
- Follow up appts in clinic and phone calls
- Ongoing assessment based on individual needs (case management)- phone calls