

# Fluconazole

## What It Does:

Fluconazole is used to treat or prevent you from getting an infection caused by fungi. It belongs to a group of medicines called “antifungals”.

## How It Works:

Fluconazole weakens the outer structural layer of fungi called the cell wall, and stops them from growing.

## How and When to Take It:

Fluconazole should be taken around the same time, usually every day, or every other day but take it exactly as instructed by your doctor. Do not stop taking this medication without talking to your health care team.

Fluconazole can be taken with or without food.

## What to Do If You Miss a Dose:

If you miss a dose, take the missed it as soon as you remember. However, if it is less than 6 hours before your next dose, skip the missed dose and go back to your usual schedule.

**DO NOT DOUBLE YOUR DOSE OR TRY TO “CATCH UP” BY TAKING EXTRA DOSES.**

## Possible Side Effects:

Like all medicines, fluconazole may cause some side effects. Common side effects are:

- Headache, stomach upset, diarrhea, nausea, vomiting, and skin rash.

Tell your doctor or pharmacist immediately if you are experiencing the following side effects:

- Difficulty in breathing
- Swelling of the face, throat, mouth or lips
- A feeling of tightness in the chest
- Blistering rash, peeling skin, or itch all over the body
- A yellow appearance to the skin or white of your eyes
- An irregular heartbeat

## Precautions:

Fluconazole can interact with a large number of medications. You should discuss with your doctor or pharmacist before starting any new medications (non-prescription and prescription), herbal products or vitamins.



Use the space below to write down why you are taking this medication and other notes.

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