

Program



Nephrology DAYS 2009

November 5–6

Renaissance Vancouver
Hotel Harbourside



Sustainability in Kidney Care



BC Renal Agency

An agency of the Provincial Health Services Authority

Recognition and Accreditation

Organizing Committee

Dr. Peter Neufeld, Chair

Dr. Monica Beaulieu

Dr. Michael Copland

Edith Davidson

Jenny Di Castri

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Sara Himelstein

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Bill Kane

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Dan Martinusen

Dr. Doug Matsell

Gillian Mowat

Dr. Malcolm Ogborn

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Stephanie Allan (BCPRA)

Jocelyn Beretta (BCPRA)

Michelle Conway (BCPRA)

Gloria Freeborn (BCPRA)

Alexis Whatley (BCPRA)

Accreditation

Royal College of Physicians and Surgeons

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, approved by the Canadian Society of Nephrology.

Certificates for all Health Professionals

All health professionals will receive e-certificates (following the event) to submit for continuing education hours.



Through events like BC Nephrology Days, the BC Provincial Renal Agency strives to support the use of the latest research and collective knowledge, creativity and ingenuity of the BC renal community to develop solutions to the challenges of chronic kidney disease.



Teresa Backx, RN, BScN, CNeph, is currently working as a project nurse for the Vancouver Island Health Renal Services Program, focused on developing capacity within VIHA to provide bedside PD catheter insertion and to establish a vascular access clinic.

Michael Copland, MD FRCP(C), is a clinical nephrologist at Vancouver General Hospital. His main aspect of clinical interest is independent hemodialysis. He is currently the Provincial Medical Director, Independent Hemodialysis Program.

Sara Davison, MD, MSc, is Associate Professor of the University of Alberta, Program of Research focused on end-of-life care for renal failure patients.

John Gill, MD FRCP(C), is an Associate Professor of Medicine at UBC, a Michael Smith Scholar, President of the Canadian Organ Replacement Register and an Associate Editor of the *American Journal of Transplantation*. A transplant nephrologist and clinician scientist at St. Paul's Hospital since 2002, his research is focused on clinical outcomes of kidney transplant recipients and access to transplantation. He has published over 40 peer reviewed publications related to these issues in the last five years.

Bill Kane, P.Eng, PMP, is a professional engineer with 24 years experience working in healthcare in Victoria, BC. The last 12 years have been as the Technical Leader and Project Manager in the Renal Services Program of Vancouver Island Health. Bill is also the Technical Lead, Special Projects, for the BC Renal Agency. In addition to his Honours BSc degree and Electrical Engineering degree from UBC, he has the Project Management Professional certification.

Mohamud Karim, MD FRCP(C), is a practicing nephrologist and Medical Director, Kidney Services, for Fraser Health. He has a special interest in end-of-life care and quality and outcomes in renal disease.

Stephan Krietemeyer, PhD, has been with the company Lauer Membran Wassertechnik GmbH, Germany since 1994, developing water treatment systems (RO), heat DI for ring main and ROs according to pharmaceutical standards. He is a member of several water standard groups and is part of the management responsible for ISO 13485 and international water approvals.

Jill Lambert is a professional writer and editor. During the day, she writes multi-million dollar fundraising proposals at UBC. At night, and on weekends, she writes about food, art, and living well. Jill is the author or co-author of five published books, including *A Good Catch: Sustainable Seafood Recipes from Canada's Top Chefs*. You can learn more on her website www.agoodcatch.org

Helen Loshny, MA, is Founder and Principal of Integrated Research Consulting Group, which is based in New Westminster and specializes in ethnographic research in the health field.

Janet Love, RN, CNeph(C), is a Link Nurse at St. Paul's Hospital. Her tasks include identifying and following Kidney Function Clinic patients admitted to hospital, identifying new chronic HD in-patients needing dialysis education, tracking all dialysis starts to ensure they have dialysis education and assisting with transitioning patients between renal programs.

Amy Majeski, BSc, is the Data Management Coordinator for the BC Provincial Renal Agency. She is involved in different aspects of maintaining the integrity of clinical data in the PROMIS database.

Dan Martinusen, BSc(Pharm), ACPR, PharmD, is currently the sole nephrology pharmacist on Vancouver Island, located at the Royal Jubilee Hospital in Victoria, and the chair of BCPRA's Pharmacy and Formulary Review Committee. His main interests are improving outcomes (safety and efficacy) for the same or reduced costs at both the patient and population level.

Cheryl Nieva, RN, BScN, CNeph(C), is currently the Renal Triage Nurse at Vancouver General Hospital. She was responsible for leading and developing Phase 2 of the Renal Triage Nurse pilot project this past year. Prior to her current role, she worked in the hemodialysis and peritoneal dialysis units. Cheryl obtained her Bachelor of Science degree in Nursing from UBC and recently received her CNA certification in Nephrology Nursing.

Malcolm Ogborn, MBBS, FRACP, FRCP(C), is the Associate Vice President of Research (Health) at the University of Northern British Columbia and the Medical Director, Kidney Services, Northern Health Renal Program. He was also the founding director of the Manitoba Institute of Child Health and established a pediatric nephrology program in Winnipeg.

Mirek Piaseczny, PhD, graduated from the University of Lodz, Poland in 1978 with a Masters of Applied Mathematics. In 1984 he received a PhD in Medical Informatics from the Medical Academy of Lodz for his work on mathematical modeling of diagnostic processes in medicine. Mirek joined BCPRA in 1998 as a Manager of IMIS and has been the Director of Health Informatics since 2007.

Conference Program

Note: All sessions will have at least 25% of their time available for discussion.

Thursday, November 5

7:30 AM–4:00 PM

Registration Desk Open

7:30–8:55 AM

BALLROOM FOYER

Continental Breakfast

9:00–11:00 AM

(Check the back of your name tag for session chosen during registration.)

Workshop 1

BALLROOMS 2/3

PROMIS

Plenary: 9:00–10:00 AM

Mirek Piaseczny (Chair: *Tina Kenyon*)

Breakout Groups: 10:00–11:00 AM

1. Dialysis Access and Medication Rec/Reports BALLROOM 3
Sean Qually
2. Integrated Assessment and Clinic Scheduler PORT OF SINGAPORE
Steven Townsend
3. Acuity Assessment and Comorbidities PORT OF SAN FRANCISCO
Amy Majeski

Workshop 2

BALLROOM 1

A Bridge Over Troubled Water:

An Exercise of Our Provincial Renal Disaster Plan

Bill Kane and Susanne MacKinnon

11:00 AM–12:00 PM

FOYER/PORT OF VANCOUVER/THE VISTA, 19TH FLOOR

Networking/Poster Viewing/Sponsor Exhibits (Coffee)

12:00–12:55 PM

BALLROOMS 1/2/3

Lunch and Keynote Speaker

Making Sustainable Seafood Choices:

Strategies for Healthy Eating

Jill Lambert (Chair: *Mhairi Sigrist*)

1:00–1:10 PM

BALLROOMS 1/2/3

Opening Remarks and Announcements

Dr. Peter Neufeld, BCND Chair

1:10–1:40 PM

BALLROOMS 1/2/3

Welcome to Delegates

Michael Marchbank, Executive VP, Quality Management

Performance Improvement and Innovation, PHSA

BC Provincial Renal Agency Update

Dr. Adeera Levin, Executive Director, BCPRA

1:50–4:50 PM

Professional Breakout Groups

- **Nephrologists** PORT OF SINGAPORE
BC Consensus
- **Nurses** BALLROOMS 2/3
1. Understanding Pain, its Assessment and Management
2. Updates from PVASt Group
- **Pharmacists** PORT OF SAN FRANCISCO
Communicating, Reconciling and Sharing—Pharmacist to Pharmacist
- **Dietitians** PORT OF NEW YORK
Exploring and Sustaining Renal Nutrition Research
- **Social Workers** PORT OF HONG KONG
Building on Our Strengths: Best Renal Social Work Practices in BC
- **Biomed Technicians** PORT OF SHANGHAI
Water Standards
- **Unit Clerks** PORT OF MACAU
Motivation, Management, and Your Valuable Role
- **Renal Managers** HASTINGS ROOM, 1ST FLOOR
Nursing Research

5:00–6:30 PM

THE VISTA, 19TH FLOOR

Wine and Cheese Reception

Did You Know?

The BC Renal Agency website presents a wealth of information for patients and families, including:

- the dialysis and pre-dialysis formularies
- information sheets on a broad range of medications
- brochures and fact sheets on topics from independent dialysis to bones and vaccination
- an end-of-life resources section, with links to hundreds of articles

Check it out at www.bcrenalagency.ca

Friday, November 6

7:00 AM–12:00 PM

Registration Desk Open

7:00–7:50 AM

BALLROOM FOYER

Continental Breakfast

7:50–8:00 AM

BALLROOMS 1/2/3

Welcome to Day 2

Dr. Peter Neufeld, BCND Chair

8:00–9:00 AM

BALLROOMS 1/2/3

Plenary 1

Sustainability in Kidney Care: Is it Easy Being Green?

Dr. Malcolm Ogborn and Colleen Sparks

9:00–9:30 AM

FOYER/PORT OF VANCOUVER/THE VISTA, 19TH FLOOR

Networking/Poster Viewing/Sponsor Exhibits (Coffee)

9:30–10:50 AM

BALLROOMS 1/2/3

Plenary 2

The 5 Myths of Sustainability and What's Next in Nephrology

Dr. Malcolm Ogborn (Chair: Gillian Mowat)

11:00 AM–12:00 PM

Four Concurrent Sessions

(Check the back of your name tag for session chosen during registration.)

1. Treatment of Hyperparathyroidism Pre-transplant:

The BC Perspectives

BALLROOM 3

*Dr. Jean Shapiro and Dr. John Gill
(Chair: Dr. Peter Neufeld)*

2. Independent Therapies:

PORT OF SINGAPORE

Home is Where the Treatment is
Dr. Mike Copland

3. End-of-Life Care in Chronic Kidney Disease:

BALLROOM 1

Past Successes, Remaining Challenges
*Dr. Sara Davison
(Chair: Dr. Mohamud Karim)*

4. Modality Nurse/Triage Nurse:

PORT OF SAN FRANCISCO

As You Like It: Ensuring Best Fit Dialysis
*Teresa Backx, Janet Love and Cheryl Nieva
(Chair: Jenny Di Castrì)*

12:00–1:10 PM

BALLROOMS 1/2/3

Lunch and Presentation of the 6th Annual Wilma Crockett Memorial Award

2009 Recipient: *Dr. Victor Chan*

Presented by: *Lai-Lin Harvalias and Dr. Aaron Cass*

1:10–1:20 PM

BALLROOMS 1/2/3

Presentation of Poster Awards

One-on-One PROMIS Training

*Three booths with live connections to PROMIS.
Sit right down and learn— everything you ever
wanted to know but were afraid to ask!*

The Vista, 19th Floor

1:20–1:30 PM

BALLROOMS 1/2/3

Closing Remarks

Dr. Peter Neufeld, BCND Chair

1:30–2:30 PM

BALLROOMS 1/2/3

Plenary

Integrative Care:

*A Tale of Three Cities: Novel Approaches to Integrative Care
Helen Loshny (Chair: Dr. Monica Beaulieu)*

2:30–3:00 PM

FOYER/PORT OF VANCOUVER/THE VISTA, 19TH FLOOR

Networking/Poster Viewing/Sponsor Exhibits (Coffee)

3:00–4:00 PM

Three Concurrent Sessions

(Check the back of your name tag for session chosen during registration.)

1. Medication Reconciliation:

BALLROOMS 1/2

Great Expectations: Medication Reconciliation Today and in the Future
Dan Martinusen

2. Pediatric Session:

PORT OF SAN FRANCISCO

An Update on Chronic Kidney Disease in Children: Growth, Proteinuria, Cystatin C, and GFR
*Dr. George Schwartz
(Chair: Dr. Doug Matsell)*

3. International Water Standards:

PORT OF SINGAPORE

How They Affect the Design of a Water Treatment Facility
*Dr. Stephan Krietemeyer
(Chair: Edith Davidson)*

4:00–5:00 PM

FOYER/BALLROOMS 1/2/3

Networking/Sponsor Exhibits/Refreshments

Learning Objectives

Note: All sessions will have at least 25% of their time available for discussion.

Thursday, November, 5

INTERACTIVE WORKSHOP WITH BREAKOUTS

PROMIS Workshop

Mirek Piaseczny, Sean Qually, Steven Townsend and Amy Majeski

After attending this session, the participant will be able to:

- ✓ Provide an update on the PROMIS/TADIS Integration and new PROMIS projects and initiatives (as posted on PROMIS website)
- ✓ Describe how PROMIS data entry is linked to individual program funding
- ✓ Describe how PROMIS data collection assists in improving patient care
- ✓ Describe the eHealth initiative and the role of PROMIS
- ✓ Demonstrate reports that are linked to dialysis access and medication reconciliation, and explain the utilization of these reports
- ✓ Demonstrate integrated assessment and clinic schedule modules and their potential benefits for clinic use
- ✓ Demonstrate acuity assessment and comorbidity modules and benefit of this data entry to frontline staff

INTERACTIVE WORKSHOP WITH BREAKOUTS

A Bridge Over Troubled Water

An Exercise of Our Provincial Disaster Plan

Bill Kane and Susanne MacKinnon

After attending this session, the participant will be able to:

- ✓ Understand the Provincial Renal Emergency Management and Business Continuity Plan
- ✓ Assist in the validation and further development of the provincial plan
- ✓ Better understand the roles and responsibilities in the provincial plan
- ✓ Understand the difference between the regional health authority renal program's responsibilities and the provincial renal responsibilities during an emergency event
- ✓ Learn how to be prepared on a personal level and understand the importance of that preparation

PLENARY

BCPRA Update

Dr. Adeera Levin

After attending this session, the participant will be able to:

- ✓ Describe improvements in renal program delivery and support services initiated by BCPRA in the past year
- ✓ Explain the significance of these improvements to the support of their regional renal programs

Friday, November, 6

INTERACTIVE PLENARY SESSION

Sustainability in Kidney Care

Is it Easy Being Green?

Dr. Malcolm Ogborn and Colleen Sparks

After attending this session, the participant will be able to:

- ✓ Describe the provincial government initiative "Carbon Neutral Operation"
- ✓ Identify the impact of the carbon neutral operation on health care in BC

The Five Myths of Sustainability/What's Next in Nephrology

Dr. Malcolm Ogborn

After attending this session, the participant will be able to:

- ✓ Apply the concepts of sustainability to renal care
- ✓ Champion green initiatives in their renal program
- ✓ Identify next steps for enhancing green initiatives across the BC renal community
- ✓ Recognize the myths and realities of sustainability

CONCURRENT

Treatment of Hyperparathyroidism Pre-transplant The BC Perspective

Dr. Jean Shapiro and Dr. John Gill

After attending this session, the participant will be able to:

- ✓ Understand the basic pathophysiology of hyperparathyroidism, in particular tertiary hyperparathyroidism in end stage renal failure, and the effect on calcium levels
- ✓ Outline the standard indications for parathyroidectomy
- ✓ Outline the pros and cons of parathyroidectomy pre-transplant and post-transplant
- ✓ Manage hyperparathyroidism in end stage renal failure patients on the transplant waiting list in accordance with locally accepted standards

CONCURRENT

Independent Therapies

Home is Where the Treatment is

Dr. Michael Copland

After attending this session, the participant will be able to:

- ✓ Describe the current status of independent hemodialysis in British Columbia
- ✓ Identify barriers in independent dialysis
- ✓ Understand independence within the home
- ✓ Describe alternative strategies to independence at home – facility-based independent dialysis

Friday, November, 6 *continued*

CONCURRENT

End-Of-Life Care in Chronic Kidney Disease: Past Successes, Remaining Challenges

Dr. Sara Davison

After attending this session, the participant will be able to:

- ✓ Understand the different elements of EOL care
- ✓ Understand the framework and plan for implementation of quality EOL care in dialysis

CONCURRENT

Modality Nurse/ Triage Nurse

As You Like It

Teresa Backx, Janet Love and Cheryl Nieva

After attending this session, the participant will be able to:

- ✓ Describe the role of the modality nurse
- ✓ Discuss the differences/similarities of the modality nurse in three different facilities
- ✓ Describe how the modality nurse assists new dialysis patients to choose the modality best suited to their needs and lifestyle
- ✓ Explain how the modality nurse has impacted patient satisfaction and quality of life
- ✓ Recognize the effects of the modality nurse upon patient placement in their renal program
- ✓ Apply the principals learned to assist the modality nurse in selecting the best form of dialysis for the patient

PLENARY

Integrative Care

A Tale of Three Cities: Novel Approaches to Integrative Care

Helen Loshny

After attending this session, the participant will be able to:

- ✓ Describe the role of ethnographic research in the evaluation of integrated care demonstration sites
- ✓ Identify differences and commonalities in the integrated care approach across a range of settings
- ✓ Discuss benefits and challenges to the integrated care approach

CONCURRENT

Medication Reconciliation

Great Expectations: Medication Reconciliation Today and in the Future

Dan Martinusen

After attending this session, the participant will be able to:

- ✓ Describe the medication reconciliation process and its goals
- ✓ Recognize the important impact of medication reconciliation as part of safe medication practice
- ✓ Discuss the challenges that have arisen with medication reconciliation in renal programs
- ✓ Describe the progress on medication reconciliation initiatives by local renal programs
- ✓ Describe the varied approaches to medication reconciliation by renal programs
- ✓ Review proposed standards by the BC Provincial Renal Agency re: the medication reconciliation process
- ✓ Apply acquired knowledge about medication reconciliation to the development of safer medication practice in his or her practice setting

CONCURRENT

Pediatric Session

An Update on Chronic Kidney Disease in Children: Growth, Proteinuria, Cystatin C, and GFR

Dr. George Schwartz

After attending this session, the participant will be able to:

- ✓ Learn how the NIH funded Chronic Kidney Disease in Children (CKiD) Study is investigating the epidemiology of chronic kidney disease
- ✓ Learn the association of proteinuria with renal progression in children
- ✓ Learn about the endogenous renal function biomarker, cystatin C
- ✓ Learn how GFR is measured and estimated in children

CONCURRENT

International Water Standards:

How They Affect the Design of a Water Treatment Facility

Dr. Stephan Krietemeyer

After attending this session, the participant will be able to:

- ✓ Describe and understand what hemodiafiltration is
- ✓ Identify the current ISO standards for hemodiafiltration and what is needed to achieve them

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Baxter's Renal Division is committed to providing therapy options to meet and improve patient care through integrated solutions that span pre-ESRD, information technology, peritoneal dialysis and hemodialysis. We are a customer-focused organization that provides high quality, reliable and affordable products, renal expertise, technical service, clinical support, and a commitment to R&D.

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BHC Medical is a committed provider of dialysis products to the Canadian Healthcare Community. We are Bellco Formula dialysis equipment, Pivpol bloodlines, DWA water treatment technologies, Alcavis disinfectants, Citrisate and Venofer. Newest to our portfolio and now approved for use is "Citrisate Dialysate."

www.bhcmedical.ca

Fresenius Medical Care, the world's largest, fully integrated renal health-care company, conducts business in three areas: dialysis and renal services, dialysis products, and home care. Fresenius' clear focus is to provide quality products and services to patients with renal disease through leadership in product innovations for hemodialysis and peritoneal dialysis.

www.fmcna.com

Genzyme is dedicated to making a major positive impact on the lives of people with serious diseases. With many established products and services, Genzyme is a leader in the effort to develop and apply the most advanced technologies in the life sciences. Genzyme's commitment to innovation continues today with a substantial R&D program.

www.genzyme.ca

The Amgen logo consists of the word "AMGEN" in a bold, purple, sans-serif font. The letters are closely spaced and have a slight shadow effect.The Baxter logo features the word "Baxter" in a purple, italicized, serif font.

Fresenius Medical Care

The Genzyme Canada Inc logo features the word "genzyme" in a purple, lowercase, sans-serif font. Below it, the words "CANADA INC" are written in a smaller, purple, uppercase, sans-serif font.

Ortho Biotech, a division of Janssen-Ortho Inc., is a leading Canadian biopharmaceutical company committed to bringing innovative treatments to Canadians in the areas of anemia, oncology, and nephrology. We continue to be the leader in our field in Canada with current innovations in renal therapy including EPREX and FERRLECIT.

www.orthobiotech.com

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Gambro is a global medical technology company and the most innovative leader in developing, manufacturing and supplying products, therapies and services for in-center care and self care hemodialysis and peritoneal dialysis. Historically, Gambro has led the market in renal care. www.gambro.com

Novartis is a world leader in the discovery, development, manufacturing, and marketing of medicines. Our goal is to provide a broad portfolio of innovative, effective and safe products and services to patients through healthcare professionals in Canada and around the world. www.novartis.ca

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Community Pharmacy Support

Sponsoring Community Pharmacies

We are pleased to have several community pharmacies sponsor BC Nephrology Days this year. Special thanks to:

Burrard Pharmacy Health Centre #010

Hogarth's Clinic Pharmacy

Howe Sound Pharmacy

Kroll's Surrey Pharmacy

Living Room Pharmacy

MacDonald's Prescriptions

Medicine Shoppe Pharmacy #142

People's Drug Mart #76 (Abbotsford)

Skaha Pharmacy

Partnerships with Community Pharmacies

The BC Provincial Renal Agency partners with 31 community pharmacies to provide a funded formulary of medications for patients registered with BCPRA.

In most cases, one partner community pharmacy is located near each hemodialysis unit in the province.

Advantages of this partnership include:

- Close to home pharmacy services for patients
- A consistent approach to patient care
- An opportunity for pharmacists to get involved in the specialty care required by nephrology patients

One pharmacy — MacDonald's Prescriptions in Vancouver — provides an enhanced level of service to BC kidney patients. Two of the most costly therapies — erythropoietic replacement hormones (Erythropoietin and Darbepoietin) and intravenous iron preparations — are distributed throughout the province by MacDonald's. BCPRA chose to partner with one pharmacy for these products due to storage and shipping requirements, as they comprise a significant portion of our budget.

A complete list of our community pharmacy partners is posted on the BC Renal Agency website at: www.bcrenalagency.ca

Faculty of Speakers *continued*

Sean Qually is the Information Management Coordinator for the BC Provincial Renal Agency. He has been the primary point of contact for PROMIS users for over six years, offering technical support, training and education specifically geared towards the many unique clinical settings where PROMIS is currently used.

George Schwartz, MD, is currently the Professor of Pediatrics and Medicine at the University of Rochester Medical Center, Golisano Children's Hospital at Strong. He has had a long-standing interest in acid base physiology funded by NIH and the American Heart Association. His clinical and research focus is on measuring and estimating glomerular filtration rate in children.

R. Jean Shapiro, MD FRCP(C), is Clinical Associate Professor of Medicine, Medical Director of Renal Transplantation, and Medical Manager Solid Organ Transplantation at Vancouver General Hospital. For the past decade, her

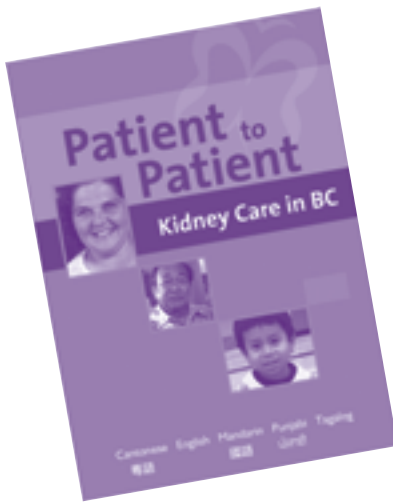
primary interest has been in clinical transplantation, with a focus on clinical outcome research. Dr. Shapiro has been a recipient of numerous research grants.

Colleen Sparks is the Director of Carbon Neutral Operations and Climate Action Outreach for the BC Climate Action Secretariat. In her role she supports the public sector and local governments in becoming carbon neutral. She also leads outreach and educational programs to help inspire British Columbians to take action to reduce their own carbon footprint.

Steven Townsend, PN, UC, has worked at St. Paul's Hospital since 1989 and within the Renal and Renal Transplant Programs for the last 16 years. Steven has worked with PROMIS since it was launched in 1997 and has been the training coordinator for the BC Renal Agency for almost two years.

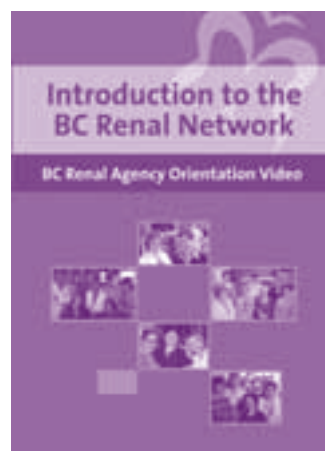
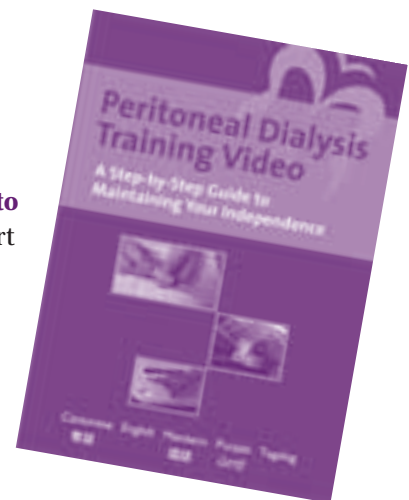
Patient Videos Online and Available on DVD

You can view the following videos at www.bcrenalagency.ca or order free DVD copies through an online order form (go to the website and click on For Patients):



Patient-to-Patient: Kidney Care in BC: Through interviews with real-life kidney care patients, this DVD provides information about all aspects of kidney care, including pre-dialysis and kidney care clinics, dialysis care (facility-based hemodialysis, independent hemodialysis and peritoneal dialysis), transplant and conservative care.

Peritoneal Dialysis Training Video: A Step-by-Step Guide to Maintaining Your Independence: Designed to help support patients who are training for PD, this DVD takes viewers step-by-step through CAPD and APD.



Introduction to the BC Renal Network: Orientation DVD:

Through interviews with renal care providers, this DVD explains the model of renal care delivery in BC, including the roles of the BCPRA and the regional health authorities to new people joining our renal network. The BC Renal Network has been recognized as a unique model, both in Canada and internationally.

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