

Program



# Nephrology

## DAYS 2006

October 5–6, 2006

Vancouver Convention  
and Exhibition Centre



**Attend**  
*leading edge learning sessions*

**Participate**  
*in interactive panel discussions*



**Connect**  
*with colleagues*

**Acquire**  
*information and tools you can use*



**BC Renal  
Agency**

An agency of the Provincial  
Health Services Authority

## Conference Objectives and Accreditation

### After attending this conference, participants will be able to:

1. Use evidence-based criteria to achieve timely referral of CKD patients for transplant evaluation.
2. Identify patients who will benefit from pre-emptive transplantation.
3. Recognize and support opportunities for paired donation.
4. Apply updated K/DOQI guidelines to establish evidence-based hemoglobin target ranges, and guide usage of erythropoietic salvage and iron agents for management of anemia in their CKD and dialysis patients.
5. Evaluate and apply a tested and proven BC protocol to delegate maintenance anemia therapy to certified nursing or pharmacy professionals.
6. Apply the BCPRA anemia management database as a basis for tracking and guiding anemia management in CKD and dialysis patients.
7. Assess the learning needs and readiness of patients with chronic disease as a basis for effective teaching.
8. Recognize and capture opportunities for effective teaching presented by “teachable moments” in the life of individual patients.
9. Apply best-practice teaching tools and strategies to achieve timely, relevant and effective knowledge transfer to patients in support of self management, in both one-on-one and group settings.
10. Apply best practice standards in support of end-of-life decision making and care delivery in the setting of pending or actual end stage renal disease.
11. Provide ethically sound support to patients, families and guardians in reaching life-support decisions for patients with or approaching end-stage renal disease.
12. Identify barriers to the development of an effective and sustainable shared care agreement between nephrologists and family physicians in caring for patients with chronic kidney disease.
13. Apply existing models to develop context-specific service agreements between family physicians and nephrologists to share the delivery of care for patients with chronic kidney disease according to provincial practice guidelines.
14. Develop performance indicators and measures to evaluate and improve shared care delivery systems.

### Accreditation

**Specialists:** *This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, approved by the Canadian Society of Nephrology.*

**Family Physicians:** *As an organization accredited to sponsor continuing medical education for physicians by the Committee on Accreditation of Canadian Medical Schools (CACMS), the UBC Division of Continuing Professional Development and Knowledge Translation designates this educational program as meeting the accreditation criteria of the College of Family Physicians of Canada for up to 13 MAINPRO M1 credits. This program has been reviewed and approved by UBC Division of Continuing Professional Development and Knowledge Translation. Each physician should claim only those credits he/she actually spent in the activity.*

**Nurses:** *Nurses receive credits for continuing education hours.*

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Through events like BC Nephrology Days, the BC Provincial Renal Agency strives to support the use of the latest research and collective knowledge, creativity and ingenuity of the renal community to develop solutions to the challenges of chronic kidney disease.



# Conference Program

## Thursday, October 5th

0730

Registration Desk Opens Atrium Foyer  
Continental Breakfast Rooms 1/2/3

0825–0835 Rooms 11/12

Opening Remarks: *Dr. Gerry Karr*  
Welcome to delegates, Brian Schmidt, Provincial Health Services Authority

0835–0920 Rooms 11/12

### Renal Transplantation Yes, We Can Do More!

0835–0905

Living Donor Transplantation: Opportunities and Barriers  
*Dr. Jean Shapiro*

- Early and timely referral
- Eligibility for transplantation
- Pre-emptive transplantation
- Paired donation
- Operational challenges

0905–0920

Panel Discussion: How can we change the system?  
*Dr. Susan Cooper, Sharon Duncan and Katy Burke*

0920–1020 Rooms 1/2/3 and South Foyer

Networking/Poster Viewing/Sponsor Exhibits (Coffee)

1020–1200 Rooms 11/12

### Anemia Management From Guidelines to the Front Lines

1020–1025

Introduction: *Dr. Colin White*

1025–1115

'K'atching Up with KDOQI. *Dr. David Van Wyck*

1115–1130

Keeping Your Eye on the Target: Use of Protocols in the Management of Anemia in Patients with Chronic Kidney Disease. *Dr. Shirley Torng*

1130–1145

An Approach to Anemia in BC: Agreement without the Angst.  
*Dr. Adeera Levin*

1145–1200

2006 "Anemic" Guidelines: How do we strengthen the evidence?  
*Dr. David Van Wyck*

1200–1330 Ballroom A, Level 1

### Lunch

#### Presentation of the 3rd Annual Wilma Crockett Memorial Award

2006 Recipient: *Dr. David Lirenman*

1330–1400 Rooms 11/12

BC Provincial Renal Agency Update. *Dr. Adeera Levin*

1405–1705 Professional Breakout Groups

**Dietitians:** (*Lai-Lin Harvalias*) Rooms 16  
Renal Dietitians in BC: Networking and Sharing Resources.

**Pharmacists:** (*Dan Martinusen*) Room 5  
Alteplase and Anemia Algorithms, Practice Standards, Current Issues, Future Directions.

**Social Workers:** (*Sylvia Lai*) Room 9  
Beyond Mountains: Social Work Challenges and Celebrations.

**Biomed Technicians:** (*Edith Davidson*) Room 6  
Principles of Water Treatment for Dialysis.  
Presenter: Fresenius Medical Care, *Speaker TBD*

**Nephrologists:** (*Dr. Gerry Karr*) Room 17  
Discussion of Clinical and Business Matters.

**Nurses:** (*Vangie Cabezon*) Room 12  
Program Updates – various speakers; Getting to the Foot of the Matter! *Roberta MacIntosh* and *Noreen Campbell* (VIHA); To Button Hole or not to Button Hole During an In-Center Treatment?

1705–1800 Rooms 1/2/3

### Wine and Cheese Reception

## Friday, October 6

0730

Registration Desk Opens Atrium Foyer  
Continental Breakfast Rooms 1/2/3

0800–0810 Rooms 11/12

Opening Remarks and Announcements: *Dr. Gerry Karr*

0810–0940 Rooms 11/12

### Focus on End-of-Life

#### Sustaining life or prolonging death? Ethical Issues in Dialysis Decision-making

0810–0815

Introduction: *Dr. Mohamud Karim*

0815–0845

What is ethical decision-making? *Dr. Alister Browne*

0845–0850

Pediatric Case Presentation. *Dr. Colin White*

0850–0905

Discussion: *Dr. Alister Browne*

0905–0910

Adult Case Presentation: *Dr. Yves Clouâtre*

0910–0925

Discussion: *Dr. Alister Browne*

0925–0940

Panel Discussion: *Drs. M. Karim, Y. Clouâtre, A. Browne*

0940–1010 Rooms 1/2/3 and South Foyer

**Networking/Poster Viewing/Sponsor Exhibits** (Coffee)

1010–1220 Rooms 11/12

### Focus on Adult Learning

#### Learning to Live with Chronic Kidney Disease: Closing the Gap Between Teachers and Learners

1010–1015

Introduction: *Janet Silver*

1015–1040

Setting the Stage: Education, Learning and Changing Behavior. *Susan Close and Karen Mahoney*

- Does simply providing information change health behaviors?
- What makes people change?
- How do people with an illness learn?
- Assessing readiness: Recognizing teachable moments

1040–1210

Breakout Sessions:

Delegates attend session signed up for at registration desk.

**A. Working with Groups** Rooms 8/15

*Kerry Mahlman and Bev Craig*

- Advantages of group learning
- How to set up a learning group
- “I want to teach them everything!” How to choose your topics; Techniques to engage and create interest
- Cultural considerations
- The “teachable moment” in groups
- Assessing for learning in a group context

**B. Working One-to-One** Rooms 11/12

*Karen Mahoney and Susan Close*

- Start at the beginning: What does this person know?
- Consider barriers to learning: Grief, illness, shock
- Assessing readiness for learning
- Recognizing “teachable moments” in one-to-one interaction
- Reading body language

1210–1320 Rooms 11/12

### Luncheon and Keynote Address

Delegates pick up box lunches in foyer

Keynote Address: *Will Cross*

Introduction: *Dr. Nancy Craven*

1320–1330 Rooms 1/2/3 and South Foyer

**Networking/Poster Viewing/Sponsor Exhibits** (Coffee)

1330–1500 Rooms 11/12

### Focus on Shared Care

#### Shared Care: From Rhetoric to Reality

1330–1340

Introduction: *Drs. Nancy Craven, Susan Cooper*

1340–1410

Shared Care: What are we talking about? *Dr. Neil Baker*

1410–1435

Whose job is it, anyway?

*Drs. Caroline Stigant, Maggie Watt*

1435–1445

Where do I fit in? *Brenda Bowes*

1445–1500

Panel Q & A

*Drs. N. Baker, C. Stigant, M. Watt; B. Bowes*

1500–1515 Rooms 1/2/3 and South Foyer

**Networking/Poster Viewing/Sponsor Exhibits** (Coffee)

1515–1600

### Focus on Shared Care continued

Breakout Sessions:

#### How to Apply Shared Care Models in Real Life Practice: Barriers and Solutions

*Rooms to be assigned before break at 1500.*

1545–1600

Rooms 11/12

Small Groups Report Back:

Priorities and Next Steps. *Dr. Neil Baker*

1600–1605

Room 11/12

Closing Remarks: *Dr. Gerry Karr*

## Recognition

### Organizing Committee

#### Core Planning Group

**Dr. Gerry Karr, Chair**

**Dr. Adeera Levin**

**Lai-Lin Harvalias, RD**

**Dr. Michael Copland**

**Katie Nikl, RN**

**Dr. Nancy Craven**

**Dr. Colin White**

**Dr. Susan Cooper**

**Dr. Mohamud Karim**

**Anar Dossa, BSc Pharma, CDE**

**Janet Silver, MSW**

**Heather Zadorozniak, RN**

**Edith Davidson**

**Teri Pentland, RN**

**Gilbert Caindec, RN**

**Stephanie Cross (BCPRA)**

**Gloria Freeborn (BCPRA)**

#### Expanded Planning Group

**Kerry Mahlman, MA, MEd**

**Dr. Yves Clouâtre**

**Karen Mahoney, RN, BA, MScN**

**Dr. Jean Shapiro**

**Dr. Greg Ganz**

## Faculty of Speakers

**Neil J. Baker, MD**, is a consultant who facilitates office practice and organizational change. He serves as faculty member for the Institute for Healthcare Improvement in their learning community, "Redesigning the Clinical Office Practice." As an associate consultant with Outlook Associates, a division of Qualis Health, he works with the National Demonstration Project (TransformED) for the American Academy of Family Physicians in creating a new model of office practice.

**Brenda Bowes**, a kidney patient, is a retired college instructor formerly from the Lower Mainland, but now living on Saltspring Island. In her words, "Life is good." She views her CKD positively, and carries on with her many and varied retirement interests as planned.

**Alister Browne, PhD (Philosophy)**, is a Clinical Associate Professor and Ethics Theme Director in the Faculty of Medicine, University of British Columbia. He is a member of the ethics committees of Vancouver Hospital and GF Strong and George Pearson Centres, and sits on the Board of Directors of the BC Civil Liberties Association. Alister contributes on occasion to the Cambridge Quarterly of Healthcare Ethics.

**Katy Burke, RN**, is the Clinical Resource Nurse for community hemodialysis units in the Kootenay Boundary Region of Interior Health. She is also the Transplant Nurse for the BC Regional Transplant Clinic, which is based in Trail and serves the entire Kootenay Boundary Region. Katy has a special interest in home hemodialysis and transplantation.

**Yves Clouâtre, MD, FRCPC**, is the Medical Director of the Penticton Regional Hospital Renal Program. He is also a Board member of the Francophone Society of Dialysis in Tassin, France and, as a nephrologist, has a special interest in renal replacement therapy, including pre-dialysis care as well as dialysis-related quality of life and dialysis-related ethical decision issues.

**Susan Close**, currently an assistant superintendent in New Westminster, has focused her career on developing ways to enhance learning for all students. She co-led the multi-district Learning for Success Research Project (1999-2002) and presented findings at the 2000 UKRA international conference. In 2002, Susan founded the SmartReading system, which is being implemented in many areas of the province.

**Susan Cooper, MD, FRCPC**, is a Physician Co-leader of the Penticton Integrated Health Clinic. She also practices nephrology and internal medicine at the Penticton Regional Hospital. She has a special interest in chronic disease management, diabetes and CKD, in addition to primary and secondary prevention.

**Bev Craig, BED, MA(c)**, has worked as an educator for 23 years – including classroom teaching, special education and currently as a District Helping Teacher. Bev teaches workshops and facilitates group discussion on the connection between assessment and instruction and learning. She has been instrumental in leading the development of a learning community of professional practice and has contributed significantly to teacher professional development.

**Nancy Craven, MD, CCFP**, obtained her MD from the University of Manitoba in 1978 and was in family practice for 20 years in Winnipeg before moving to Victoria, BC. From 2003 she served as Medical Lead for the Vancouver Island Kidney Care Initiative and currently is a Clinical Associate with VIHA Renal Services.

**Sharon Duncan, BA, BSN**, is the Clinical Coordinator for the Living Donor Kidney Program of the BC Transplant Society. She has been involved extensively with new living donor initiatives in BC, including the development of a paired donor exchange program, the development of the Living Organ Donor Reimbursement Program, and updating provincial transplant guidelines for living donors.

**Mohamud Karim, MD, FRCPC**, is the Medical Director of Kidney Services for Fraser Health and a practicing nephrologist in the region. He is part of a regional kidney disease management initiative, and has a special interest in end-of-life care and quality and outcomes in renal disease.

**Dr. Gerry Kart, MD, FRCPC**, is the Medical Director of Kidney Services for Interior Health and chairs the BCPRA Medical Advisory Committee and the BC Nephrology Days Planning Committee. His special interests include health care system redesign and chronic kidney disease.

**Adeera Levin, MD, FRCPC**, is the Executive Director of the BC Provincial Renal Agency, Director, Clinical Research & Education, Department of Nephrology at St. Paul's Hospital and is the principal investigator on multiple studies. She has a special interest in CKD, including early kidney disease, comorbidities, anemia and vascular disease.

**Caroline (Kerry) Mahlman, MA, MEd**, is a District Principal in School District No. 46 (Sunshine Coast). Kerry is often the principal investigator for special projects and district program development and is a member of the National Staff Development Council. She provides consultation to other school districts, regularly presents at staff and professional development conferences and guest lectures through the faculties of education at the University of Victoria and Simon Fraser University.



**Karen Mahoney, RN, BA, MScN**, is a Clinical Nurse Specialist with the Fraser Health Renal Program. She has taught nephrology nursing for the last 12 years and recently has been working with CKD teams to develop self management and patient education processes for Fraser Health. She has an interest in chronic disease management and patient-focused research.

**Jean Shapiro, MD, FRCPC**, is Medical Director of Renal Transplantation and Medical Manager, Solid Organ Transplantation at Vancouver General Hospital. Her focus has been clinical research in transplantation, including studies in pharmacokinetics, osteoporosis, glucose intolerance, and changes in cognitive function after transplantation. Dr. Shapiro has received research grants from the Kidney Foundation of Canada, Canadian Heart and Stroke Foundation, and the BC Health Care Research Foundation/Michael Smith Foundation.

**Caroline Stigant, MD, FRCPC**, is a nephrologist practicing in Victoria and is the Medical Director of the Independent Hemodialysis Program for Vancouver Island Health, in addition to being involved with the Kidney Care Initiative in this health region. She has a special interest in CKD, particularly diabetic nephropathy, outcomes research and clinical teaching.

**Shirley Torng, MD, FRCPC**, is a nephrologist at Royal Columbian and Surrey Memorial hospitals. She is heading up the anemia protocol in Fraser Health.

**Maggie Watt, BSc, MD, CCFP**, is a family practitioner who has been practicing in Duncan, BC since 1999. She obtained her MD from UBC in 1997 and completed her family practice residency at Dalhousie in 1999. She runs a full service family practice including maternity care and developed an interest in CKD during her involvement in the Vancouver Island Kidney Care Initiative.

**Colin White, MD, FRCPC**, is a pediatric nephrologist at BC's Children's Hospital in Vancouver. He is the Director of Dialysis for the pediatric program, was a member of the 2006 NKF-KDOQI Anemia Workgroup and has particular interest in anemia, estimation of GFR and CKD/dialysis in children.

**David Van Wyck, MD**, is Co-chair of the NKF-KDOQI Anemia Work Group and a Professor of Medicine and Surgery at the University of Arizona, College of Medicine in Tucson. Dr. Van Wyck has a longstanding research interest in anemia, kidney disease and disorders of iron homeostasis, and a clinical interest in the organization and delivery of health care to patients with chronic illness.

The BC Provincial Renal Agency (BCPRA), an agency of the Provincial Health Services Authority, plans and coordinates the care of people with kidney disease throughout British Columbia to ensure equitable access to high quality care.

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**BC Renal Agency**

An agency of the Provincial Health Services Authority

Room 620-16B  
1081 Burrard Street  
Vancouver, BC V6Z1Y6

T 604.806.8845

F 604.806.8846

E [bcpra@bcpra.ubc.ca](mailto:bcpra@bcpra.ubc.ca)

[www.bcrenalagency.ca](http://www.bcrenalagency.ca)