

BCRenal
agency of the Provincial Health Services Authority

Are your kidneys healthy?

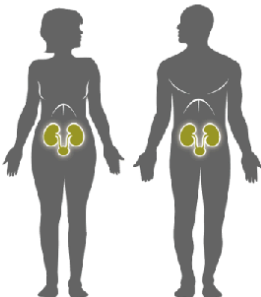
People can have kidney disease without being aware of it.

There are often no symptoms until the disease is quite far along.

Research has shown that some people are at higher risk for kidney disease. They should have their kidneys checked even if they feel well.

Take this test to find out if you should have your kidneys checked.

[Start quiz](#)



KIDNEY MONTH

CONTEST RULES AND REGULATIONS

World Kidney Day 2018 happens on March 8th. This year's theme is "Kidneys and Women's Health".

During the month of March, everyone who completes an online assessment at kidneysmart.com can enter to win a 6-month subscription from Tea Sparrow. Winner will be chosen by random and notified by April 30, 2018.

RULES + REGULATIONS

1. By entering the contest, participants agree to submit their name and email address which will be collected for contest entry purposes only, and deleted upon contest completion.
2. Contest participation is not mandatory.
3. Winner will be notified by email.
4. Subscription to Tea Sparrow after the gift subscription runs out is not required.
5. If the winner does not respond within 3 days after being notified, a new winner will be chosen.
6. Open to BC residents over the age of majority only.
7. One entry per person.
8. For privacy and data collection notice please visit www.kidneysmart.com