

Guideline for Referring Renal Patients to Hospice Palliative Care

This document is to guide renal team members to access appropriate resources and supports for renal patients who are approaching EOL. The principles of supportive care are incorporated throughout the process including:

- shared decision making and informed consent or refusal to care
- proactive symptom management
- a holistic, person centered approach
- care of the family.

As the team most involved with renal patients, the Renal Program has the responsibility for determining goals of care/care needs in collaboration with the patient and family. Consider Advance Care Planning to assist in this process.

Patients Discontinuing Dialysis

Renal team members will provide guidance and information about:

- what the patient might expect after dialysis is stopped
- preference for location of death as appropriate
- support for the patient to complete any desired tasks before death.

Patients who want to die at Home or in Hospice: Contact the HPC (hospice palliative care) team in the patient's home community (see back of this page). Refer to Home Health Intake if plan is for home death.

Patients who are in hospital and will die in Acute Care: May not require a palliative care referral unless there are complex needs such as symptom management. Consider standard EOL orders for medications.

It normally takes a few days to set up palliative care services at home or hospice for new referrals. Recommend ensuring arrangements for care are in place before discontinuing dialysis.

Patients Wishing to Continue Dialysis

For patients considering discontinuing treatment in the future or those who have a comorbid illness with a short prognosis.

Short Prognosis: For example end stage cancers, specific plans to stop dialysis treatments in the future. Contact community HPC program to coordinate care plan and determine whether palliative care referral is warranted. Eligibility for HPC resources depends on the medical plan and the patient's goals of care. Refer to Home Health Intake-community patients may be eligible for other services outside the HPC Program.

Longer or Uncertain Prognosis: For example chronic diseases such as COPD, dementia. Consider referring to Home Health Intake when the patient requires assistance with ADL's or for caregiver respite.

All patients approaching end of life with pain and symptom management or complex psychosocial needs can be referred to HPC for consultation. Contact the patient's community HPC team for outpatients or the acute care HPC team for inpatient referrals.

Fraser Health Hospice Palliative Care Contacts

Contact the specific community Hospice Palliative Care Program for consultation for clients currently in their own home who require end-of-life care such as symptom management, hospice residence, or support for a home death. Contact Home Health Intake if supports are needed at home (personal care, Rehab, Home Care Nursing).

Fraser East	Phone	Fax
HPC Abbotsford/Mission	1-604-870-7522	1-604-859-2929
HH Intake	1-604-556-5000	1-604-556-5010
HPC Chilliwack/Hope	1-604-702-4807	1-604-702-4801
HH Chilliwack	1-604-702-4818	1-604-702-4801
HPC Langley	604-534-4121 loc 5480	604-533-6435
Central HH Intake	604-953-4965	604-953-4966

Fraser North

HPC Burnaby	604-918-7447 loc 3604	604-918-7631
HH Intake	604-918-7447	604-918-7631
HPC Maple Ridge	604-476-7117	604-476-7126
HH Intake	604-476-7100 loc 2561	604-476-7126
HPC New Westminster	604-520-4006	604-777-6762
HH Intake	604-777-6761	604-777-6762
HPC Tri-Cities	604-777-7311	604-777-7392
HH Intake	604-777-7309	604-777-7302

Fraser South

HPC Delta	604-946-1121 loc 3249	604-952-7354
HPC Surrey/North Delta	604-953-4995 loc 6266	604-953-4953
HPC Surrey-Newton	604-572-5340 loc 769047	604-572-5348
HPC White Rock	604-535-4500 loc 7425	604-542-3174
Central HH Intake (all South)	604-953-4965	604-953-4966

The purpose of connecting with the local HPC team is to facilitate discussion of:

- Goals of care including plans for discontinuation of dialysis
- Appropriateness for hospice palliative care services
- Individual patient needs
- How teams (Renal/Palliative care) will work together to care for the patient and family.

For Patients Currently Admitted to RCH, SMH, or ARH

RCH HPC Team.....	604-520-4006
SMH HPC Team.....	604-585-5666 loc 8770
ARH HPC Team.....	604-870-7522