

Program



Nephrology DAYS 2007

October 11–12

Renaissance Hotel
Vancouver, Harbourside

Expand
our horizons

Engage
our patients

Connect
with our family physicians



**BC Renal
Agency**

An agency of the Provincial
Health Services Authority

10 YEARS
1997–2007

Organizing Committee

Core Planning Group

Dr. Gerry Karr, Chair
Dr. Adeera Levin
Lai-Lin Harvalias
Dr. Nancy Craven
Dr. Colin White
Dr. Susan Cooper
Edith Davidson
Teri Pentland
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Teresa Backx
Ben Cesar
Gloria Freeborn (BCPRA)
Stephanie Cross (BCPRA)

Expanded Planning Group

Sue Bannerman
Lee Clark
Dr. John Duncan
Dr. Caroline Stigant

Dr. Morrison Hurley
Dr. Sabrina Gill
Dr. Ron Werb
Joanne Cozac

Accreditation

Royal College of Physicians and Surgeons of Canada

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, approved by the Canadian Society of Nephrology.

College of Family Physicians of Canada

As an organization accredited to sponsor continuing medical education for physicians by the Committee on Accreditation of Canadian Medical Schools (CACMS), the UBC Division of Continuing Professional Development & Knowledge Translation designates this educational program as meeting the accreditation criteria of the College of Family Physicians of Canada for up to 12.5 MAINPRO M1 credits. This program has been reviewed and approved by the UBC Division of Continuing Professional Development & Knowledge Translation. Each physician should claim only those credits he/she actually spent in the activity.

Nurses

Nurses receive credits for continuing education hours.



Through events like BC Nephrology Days, the BC Provincial Renal Agency strives to support the use of the latest research and collective knowledge, creativity and ingenuity of the BC renal community to develop solutions to the challenges of chronic kidney disease.



Ellen Anderson, MD, MHSC, is a full service, rural family physician in Sooke, BC with research interests in primary mental health care and the organization of health service delivery at the community level.

Sue Bannerman, RN, is the Renal Lead for Interior Health, overseeing many aspects of renal program development and implementation through the use of project management and change initiatives.

Peter Blake, MB, MSc, FRCPC, FRCPL, is a Professor of Medicine and Chair of the Division of Nephrology at the University of Western Ontario and London Health Sciences. Dr. Blake has published over 100 papers in the area of peritoneal dialysis and adequacy of dialysis in general. He has served as editor of two major nephrology textbooks and is the Editor-in-Chief of the publication, *Peritoneal Dialysis International*.

Susanne Burns, RN, MSN, CCN(c), obtained her diploma of nursing in 1986, diploma of psychiatric nursing in 1988, and certificate in critical care nursing at BCIT. She graduated from the University of British Columbia with her Bachelor of Science in Nursing in 1997 and a Master of Science in Nursing in 2005. Susanne is currently the Clinical Nurse Specialist and Coordinator for the Metabolic Syndrome Program at St. Paul's Hospital.

Linda Church, MSW, RSW, is a social worker with extensive experience working with chronically ill people, both in acute care and ambulatory care settings. Depression screening and treatment of renal patients in a CKD clinic environment has been a special interest since entering the field of nephrology in 2002.

Lee Clark, RN, BM, MA, obtained her nursing degree from McGill University and Master of Arts degree in Leadership at Royal Roads. She has served in a variety of teaching and leadership positions in both provincial and regional health care organizations, and has pursued her special interest in writing through the SFU Writing and Publishing program. Lee is currently the Director of the Renal Program at Providence Health Care.

Susan Cooper, MD, FRCPC, is Physician Co-leader of the Penticton Integrated Health Clinic and practices nephrology and internal medicine at the Penticton Regional Hospital. She has a special interest in chronic disease management, diabetes and CKD, in addition to primary and secondary prevention.

Michael Copland, BSc, MD, FRCPC, is a Nephrologist at Vancouver Hospital and a member of the Division of Nephrology Medicine at UBC. He is the Provincial Medical Director of the Independent Hemodialysis Program.

Nancy Craven, MD, CCFP, obtained her MD from the University of Manitoba in 1978 and was in family practice for 20 years in Winnipeg before moving to Victoria, BC. She served as Medical Lead for the Vancouver Island Kidney Care Initiative and currently is a Clinical Associate with the Vancouver Island Health Renal Program.

Edith Davidson, DipIT, graduated from BCIT in Biomedical Engineering and Operations Management. She has worked as a Renal Technician since 1993 and as Renal Technical Supervisor for Providence Health Care since 2001. She is currently on the Vancouver Coastal Renal Disaster Planning committee and the committee for National Certification for Dialysis Technologists.

Connie Davis, MN, ARNP, is a Geriatric Clinical Program Development Specialist for Fraser Health in Abbotsford and Mission, BC. Connie is a trainer of Master Trainers for the Chronic Disease Self-Management Program (Stanford, CA) and the co-author of publications on chronic illness care and self-management.

Jenny Di Castri, BA, RN, CNeph(c), has a double major BA in History/History of Art from the University of Victoria, a Diploma of Nursing from Camosun College, Nephrology Nursing Specialty from BCIT and CNA Nephrology Certification. She has spent the majority of her nursing career in nephrology at the Royal Jubilee Hospital, working in the acute renal ward, as well as the hemodialysis and home dialysis programs.

Anar Dossa, BScPharm, CDE, is the Staff Development Coordinator and Outpatient Diabetes Clinic Pharmacist at Vancouver General Hospital. She is also a Certified Diabetes Educator.

Deb Eggers, RN, BSc, BScN, CNeph(c), currently the Vascular Access Coordinator for Interior Health, has worked in hemodialysis at Kelowna General Hospital for the past 20 years. In 2006, she was a recipient of the College of Registered Nurses' Award of Excellence in Nursing Practice.

Stacy Elliott, BA, MD, is a Sexual Medicine Physician and Director of the BC Centre for Sexual Medicine, Vancouver Coastal Health, as well as a Clinical Professor in the Departments of Psychiatry and Urology at UBC. Special clinical and research interests include male erectile dysfunction, neurological sexual dysfunction and sexual and fertility rehabilitation.

Jeff Foster, DipIT, received his training in biomedical engineering technology at BCIT and started his career in Alberta at Capital Health. He joined the renal dialysis team in 1998, working with renal dialysis equipment, but his role soon evolved into Project Manager for the Northern Alberta Renal Program. He has worked on the design and construction of over 15 new renal dialysis units in central and northern Alberta.

Sabrina Gill, MD, MPH, FRCPC, obtained her MD and Endocrinology Fellowship from the University of British Columbia. She is currently Clinical Assistant Professor and Endocrinologist in the Department of Medicine, and Medical Director of the Diabetes Clinic, both at St. Paul's Hospital.

Faculty of Speakers continues on page 6.

Conference Program

Thursday, October 11th

0700

Registration Desk Opens Main Floor Foyer
Continental Breakfast Port of Vancouver

0800–0805

Ballrooms 1/2/3

Opening and Announcements

0805–0845

Ballrooms 1/2/3

Morning Plenary

Disaster Planning

Chaired by Dr. Ron Werb and Edith Davidson

Management of Crush-Related Injuries after a Disaster

Dr. Mehmet Sukru Sever

0855–1025

Four Concurrent Sessions

(Delegates selected one session during online registration)

1. Disaster Planning: When Disaster Strikes, Will We Be Ready? Ballroom 3

Dr. Mehmet Sukru Sever

Open floor discussion: Dr. Ron Werb, Edith Davidson,

Dr. Mehmet Sukru Sever and Sue Beckermann

2. Pediatric Transitioning: Lost in Transition; Adolescence 2 Adulthood 3rd Floor Port of Singapore

Drs. Miriam Kaufman and

Mina Matsuda-Abedini

3. Improving Access for Rural and Remote Patients: 3rd Floor Port of San Francisco

• “Beam Me Up Scotty” – TeleRenal Goes Live in BC
Loretta Zilm and Sue Bannerman

• Northern Exposure: DIGMAS – A New Way of Delivering Group Health Care
Dr. John Pawlovich

• On the Road Again: Mobile Dialysis Bus
Jeff Foster and Lorelei Johnstone
Panel discussion: Loretta Zilm, Sue Bannerman,
Dr. John Pawlovich, Jeff Foster and Lorelei Johnstone

4. Models of Care Delivery: Stepping Out of the Box to Do More with Less Ballroom 1

• Step Up
Sylvia Zuidema and Julie Nhan

• Step Down
Dr. Nancy Craven

• Step Aside
Lee Clark

1025–1050

Foyer and Port of Vancouver

Networking/Poster Viewing/Sponsor Exhibits (Coffee)

1050–1140

Ballrooms 1/2/3

Research Showcase

Chaired by Drs. John Duncan and Morrison Hurley

- **Can We Predict Severity of Renal Dysplasia Antenatally?**
Dr. Peter Trnka
- **Crash Testing: The Impact of a Dedicated Nurse Educator on Parachuting Hemodialysis Patients**
Leigh White
- **INTERACTeDD: INTEgrated Studies in Vascular Reactivity and Anaemia in Chronic Kidney Disease and Dialysis Patients**
Dr. Catherine Weber

1150–1300

Ballrooms 1/2/3

Lunch

Delegates pick up box lunches

Keynote Address: Ask Questions – Seek Answers

Shad Ireland

(Introduction by Dr. Susan Cooper)

1310–1320

Ballrooms 1/2/3

Official Opening: Welcome to Delegates

Michael Marchbank, Executive Vice President, Provincial Health Services Authority

1320–1345

Ballrooms 1/2/3

BC Provincial Renal Agency Update

10th Anniversary Video

Dr. Adeera Levin

1345–1415

Foyer and Port of Vancouver

Networking/Poster Viewing/Sponsor Exhibits (Coffee)

1415–1715

Professional Breakout Groups

Dietitians: Lai-Lin Harvalias, Chair 3rd Floor
Port of New York
Networking and College (CDBC) Update

Pharmacists: Dan Martinusen, Chair
Medication Reconciliation, 19th Floor
Taipan I
Treating Anemia and Lanthanum

Social Workers: Linda Church, Chair 3rd Floor
Port of Hong Kong
Maintaining Your Leading Edge

Biomed Technicians: Edith Davidson, Chair 3rd Floor
Port of San Francisco
Principles of Water Treatment for Dialysis

Nephrologists: Dr. Gerry Karr, Chair 3rd Floor
Port of Singapore
Discussion of Clinical and Business Matters

Nurses: Vangie Cabezon, Chair Ballrooms 1/2
The Nurse Chameleons – Adapting to Change

1715–1815

Ballroom 3 and Foyer

Wine and Cheese Reception

Friday, October 12th

0700

Registration Desk Opens Main Floor Foyer
Continental Breakfast Port of Vancouver

0700–0755

3rd Floor Port of Singapore

Physicians' Breakfast

Hosted by Drs. Nancy Craven and Susan Cooper

0800–0805

Ballrooms 1/2/3

Opening and Announcements

0805–0925

Ballrooms 1/2/3

Morning Plenary

Chaired by Dr. Susan Cooper

- **Alternative Therapies in CDM: Herbal Medications in Chronic Kidney Disease; Panacea or Poison?**
Anar Dossa
- **Depression and Chronic Illness: Don't Let Depression Get Your Patients Down**
Dr. Ellen Anderson
- **Mineral Metabolism: Exciting Science and Changing Priorities**
Dr. Marc Goldstein

0925–1005

Foyer and Port of Vancouver

Networking/Poster Viewing/Sponsor Exhibits (Coffee)

1005–1135

Four Concurrent Sessions

(Delegates selected one session during online registration)

1. **Depression and Chronic Illness: Stories from the Front Line** Ballroom 2
Linda Church, Dr. Ellen Anderson and Patient Experience
2. **HD Interest Group:** Ballroom 1
 - **What's Hot and What's Not in Today's World of Vascular Access**
Janet Williams, Deb Eggers, Rick Luscombe and Anita Salmon
Panel discussion including: *Mirita Zerr, Sylviana Zilkowsky and Gayle Kroetsch*
 - **There's No Place Like Home**
Dr. Michael Copland
Panel discussion including: *Angela Robinson, Beverly Sondrup and Jennifer Di Castri*
3. **Changing a Paradigm: Why Isn't PD the First Choice for Your Patients?** 3rd Floor Port of San Francisco
Dr. Peter Blake
4. **Mineral Metabolism: Mineral Management When Usual Care Fails; The Role of Newer Drugs and Surgery** Ballroom 3
Drs. Marc Goldstein and Susan Cooper

1135–1300

Ballrooms 1/2/3

Lunch

Presentation of the 4th Annual Wilma Crockett Memorial Award
2007 Recipient: *Lai-Lin Harvalias*

1300–1330

Foyer and Port of Vancouver

Networking/Poster Viewing/Sponsor Exhibits (Coffee)

1330–1420

Ballrooms 1/2/3

Afternoon Plenary

Chaired by Dr. Caroline Stigant

- **Metabolic Syndrome Overview: Easy Living, Bitter Harvest**
Dr. Sabrina Gill
- **Motivating Behavioral Change: You Can Lead the Horse to Water...The Challenges of Getting Clients to Adopt Healthful Behaviours**
Patrick McGowan

1430–1555

Four Concurrent Sessions

(Delegates selected one session during online registration)

1. **Focus on Patient Self Management: Communication, Education, Motivation** Ballroom 1
 - **"Change is Good – You Go First"**
Connie Davis
 - **Brief Motivational Interview**
Patrick McGowan
2. **Sexuality and Chronic Illness: Sexual Functioning and Renal Disease; The How, the Why and the Why Not** 3rd Floor Port of Singapore
Dr. Stacey Elliott
3. **Metabolic Syndrome Interface with Renal Care: What Do We Know and What Can We Do To Reverse a Scary Trend?** Ballroom 3
 - **Treating Metabolic Syndrome: Interventions for Success**
Susanne Burns
 - **Meal Planning Made Easier for Diabetes and Renal Disease**
Treena Hansen
4. **CKD Interest Group: Win, Win, Win!** 3rd Floor Port of San Francisco
Drs. Susan Cooper and Nancy Craven

1600–1605

Ballrooms 1/2/3

Announcement of Poster Winner and Closing Remarks
Dr. Gerry Karr

Marc Goldstein, MD, FRCPC(C), is the Emeritus Professor of Medicine at the University of Toronto and founder of Progressive Renal Disease and Multidisciplinary Diabetes Complications Clinics and the Incenter Nocturnal Hemodialysis Program at St. Michael's Hospital. He has a special interest in management of predialysis and hemodialysis patients, cardiovascular complications of CKD, and fluid, electrolyte and acid base disorders.

Treena Hansen, BSc, RD, CDE, received her Bachelor of Science in Applied Human Nutrition from Mount Saint Vincent University in Nova Scotia and is a Certified Diabetes Educator. She is currently working as a Clinical Dietitian at the Diabetes Teaching and Treatment Centre at St. Paul's Hospital.

Lorelei Johnstone, RN, graduated in 1987 from the Misericordia Hospital School of Nursing in Edmonton, Alberta. She worked in a number of ICUs and the recovery room at the University of Alberta as a bedside nurse before becoming an OR Patient Care Manager at UAH. Most recently Lorelei has joined the Northern Alberta Renal Program, and is currently involved with the dialysis bus.

Gerry Karr, MD, FRCPC, is the Medical Director of Kidney Services for Interior Health and chairs the BC Nephrology Days Planning Committee. His special interests include health care system redesign and chronic kidney disease.

Miriam Kaufman, BSN, MD, FRCPS, is a Pediatrician and a team member of the Good 2 Go Transition Program at SickKids, as well as the creator of the MyHealth Passport. She works with teens on transition, coping, adherence, sexuality and body image, and is the author of five books, including, *Easy For You To Say: Q&A's for Teens Living with Chronic Illness or Disability*.

Adeera Levin, MD, FRCPC, is the Executive Director of the BC Provincial Renal Agency, Director, Clinical Research & Education, Department of Nephrology at St. Paul's Hospital and is the principal investigator on multiple studies. She has a special interest in CKD, including early kidney disease, comorbidities, anemia and vascular disease.

Rick Luscombe, RN, BSN, CNeph(C), has over two decades of experience in nephrology nursing and is the Vascular Access Clinical Nurse Leader at Providence Health Care. He co-founded the Vascular Access Educators Group of BC and is currently the Vice-President of Western Canada for the Canadian Association of Nephrology Nurses and Technologists (CANNT).

Mina Matsuda-Abedini, MDCM, FRCPC, is a Pediatric Nephrologist at BC Children's Hospital. She completed her pediatric residency at Montreal Children's Hospital and her fellowship in nephrology at the University of California, San Francisco. Her main areas of clinical interest are transplant and transition care.

Patrick McGowan, PhD, is an Associate Professor with the University of Victoria Centre on Aging. Over the past 30 years he has focused on several aspects of health education programs for persons experiencing chronic health conditions. He is the Director of the Provincial Chronic Disease Self-Management Program, funded by the Ministry of Health.

Julie Nhan, RN, MN, CNeph(C), obtained her BScN from the Faculty of Nursing in Edmonton, Alberta and completed her graduate studies in 2003, with a focus in advanced practice in the adult population. She is a Nurse Practitioner in the Nephrology program at the University of Alberta Hospital, as well as a clinical consultant with Baxter Canada.

John Pawlovich, MD, FCFP, graduated from Medicine at UBC in 1994 and completed his residency in Family Practice in 1996. Since that time, he has practiced rural medicine almost exclusively, and has worked in Fraser Lake, BC for the past eight years.

Angela Robinson, RN, CNeph(C), has worked in the Prince George Regional Hospital Hemodialysis Unit since 1999 and has been a Home Hemodialysis Patient Educator for Northern Health for three years. She also volunteers for the Prince George Branch of the Kidney Foundation and for the Camp Zajac Kidney Camp for Children.

Anita Salmon, MA, BSc, RN, currently the Vascular Access Nurse for Vancouver Island Health, started her nursing career in cardiology and has worked in renal care since 1999. She worked as a volunteer with CUSO for three years in Peru and as a health planner with the federal government.

Beverley Sondrup, RN, BSN, obtained her Bachelor of Science in Nursing from BCIT and has worked at Providence Health Care in Vancouver since 1997. Her background is in medical and nephrology nursing, and for the past three years has worked as a Patient Educator, focusing on home hemodialysis.

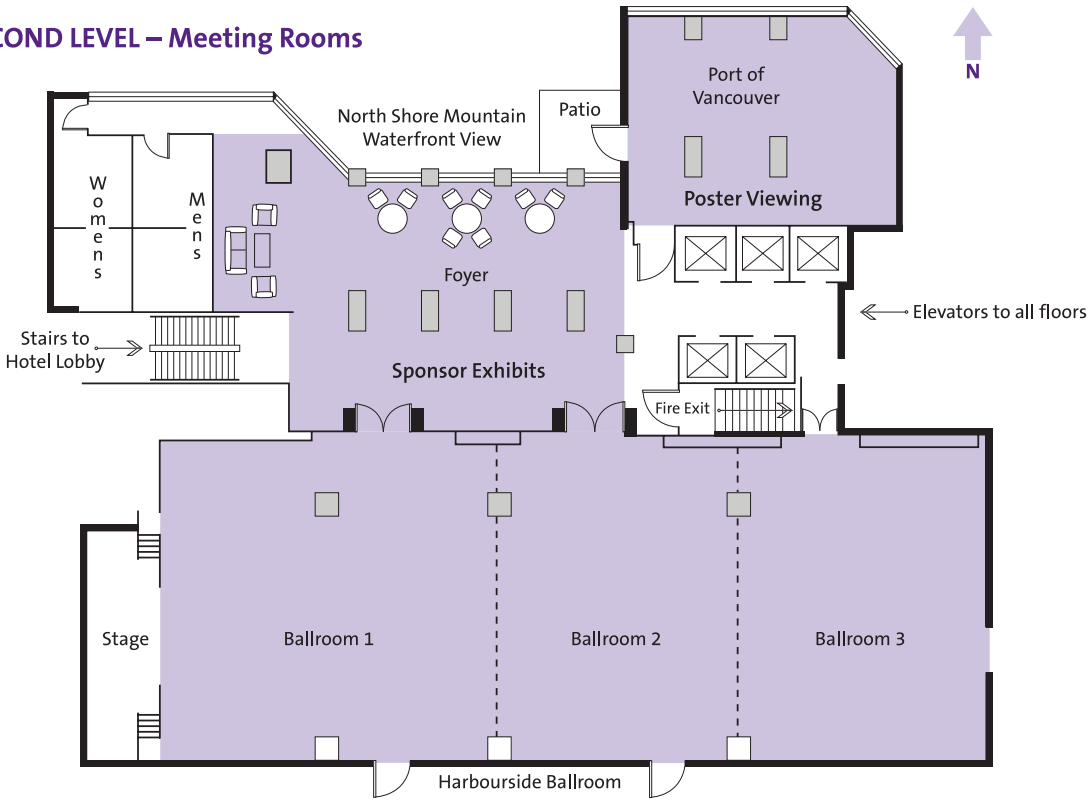
Mehmet Sukru Sever, MD, is Professor of Nephrology and Chief of the Department of Nephrology, Istanbul Medical School. He obtained his MD in 1978 and his main interests are renal transplantation and "disaster nephrology." He works as a renal disaster relief coordinator for the Turkish and International Societies of Nephrology (ISN), and also serves as transplantation editor for *Nephrology Dialysis Transplantation*.

Peter Trnka, MD, FRACP, is a Pediatric Nephrologist in both the Division of Nephrology and Department of Pediatrics at BC Children's Hospital. His interests and career focus include molecular biology, prevention and early diagnosis of fetal renal dysplasia, specifically obstructive nephrology.

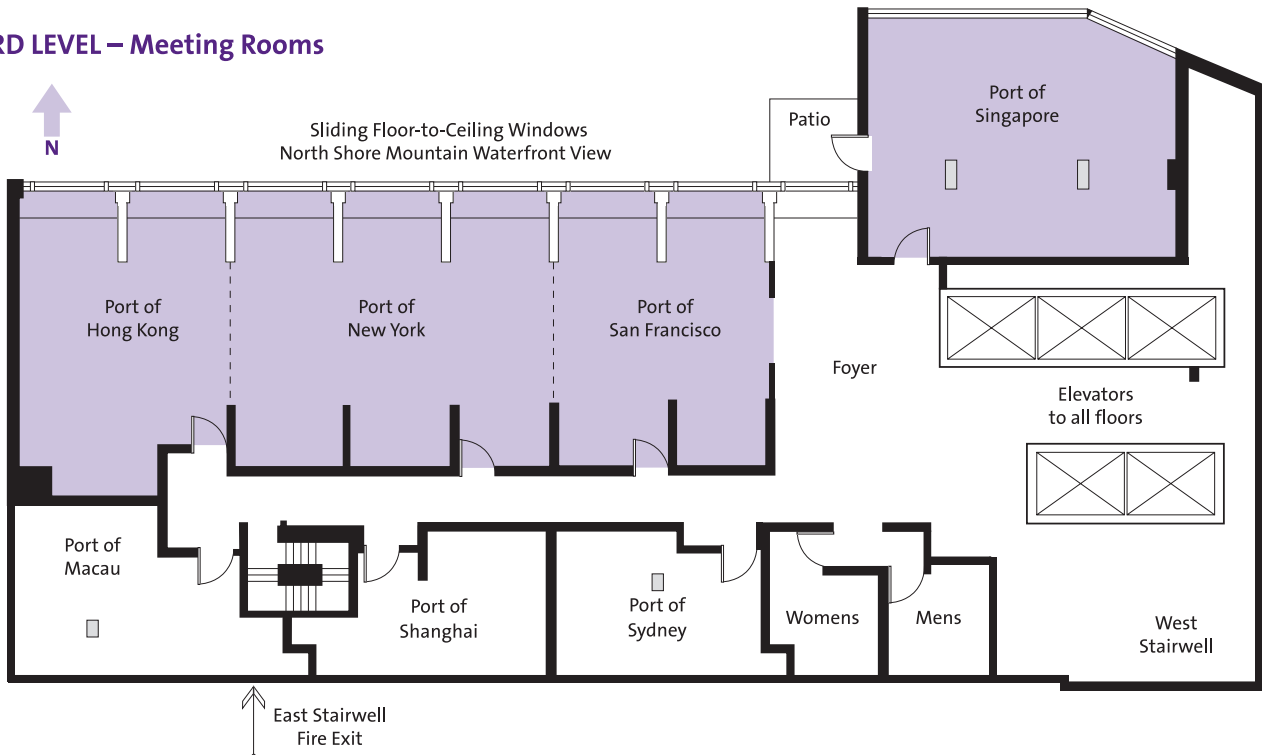
Faculty of Speakers continues on page 8.

Conference Floor Plans

SECOND LEVEL – Meeting Rooms



THIRD LEVEL – Meeting Rooms



NOTE: Taipan I is located on the 19th floor.

Faculty of Speakers *continued*

Catherine Weber, MD, FRCPC, is a Research Fellow at St. Paul's Hospital in Vancouver. She has a special interest in vascular disease in patients with CKD.

Ron Werb, MD, Ch.B, FRCPC, FRCP, is a consulting Nephrologist at St Paul's Hospital and Chair of the Vancouver Regional Hemodialysis Operations Committee. He is leading the development of a comprehensive renal disaster plan for BC.

Janet Williams, BSN, MBA, is the coordinator for the Provincial Vascular Access Team (PVAST), a province-wide vascular access quality improvement initiative. She has a Bachelor of Science in Nursing degree and a Master in Business Administration degree, both from UBC. For the past 14 years Janet has worked on contract with a number of health authorities and health care organizations. Prior to this, Janet worked in a variety of nursing roles, including staff nurse, head nurse and director of nursing.

Leigh White, RN, BSN, is the Renal Triage Nurse for Vancouver Coastal Health at Vancouver General Hospital, and the Program Head of Specialty Nursing Nephrology at BCIT. Leigh has worked in nephrology for 17 years in diverse roles, including nursing and patient education/instruction.

Loretta Zilm, BTMGT Candidate, BCIT, has 15 years experience in health informatics and project management. As Senior Clinical Telehealth Specialist for Interior Health, she is an active member of the BC Telehealth Development Committee, the First Nations Telehealth Planning Partnership and the Canadian Society of Telehealth.

Sylvia Zuidema, RN, BScN, MSc, is a Nurse Practitioner in Edmonton (one of five NPs in the Northern Alberta Renal Program). She works in the in-centre HD unit and provides consults to the inpatient nephrology unit.

Keynote Speaker



Shad Ireland, the first dialysis patient to complete an Ironman triathlon, is a dynamic and inspirational speaker who says, "To live with chronic illness is not a limitation but a special invitation to those of us who are willing to accept the challenge." He is currently pursuing a BA in Legal

Theory at Metropolitan State University and paralegal studies at Inver Hills Community College. He is also the author of two books: *A Promise Made—In Pursuit of the Iron Dream* and *The Long Road Back*, scheduled for release in 2008. www.shadirelandfoundation.ca

The BC Provincial Renal Agency (BCPRA), an agency of the Provincial Health Services Authority, plans and coordinates the care of people with kidney disease throughout the province to ensure equitable access to high quality care.

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BC Renal Agency
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Ortho Biotech is honoured to once again be part of BC Nephrology Days. We continue to be the leader in our field in Canada with current innovations in renal therapy. This includes the introduction of Ferrlecit, an effective novel IV Iron, to complement Eprex in the treatment of anemia due to chronic renal failure. We invite you to visit our booth to hear more about Ortho Biotech's initiatives for improving patient outcomes. www.orthobiotech.com

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