



# Important Info About My Veins

## For Patients with a Fistula or Graft for Dialysis



- Use the veins on either of my hands or my \_\_\_\_\_ (non-fistula/graft) arm for IVs or blood draws
- No needle punctures in my forearm or the inside of the elbow of my arm with the fistula/graft
- No BPs on my arm with fistula/graft
- If long-term central line is required, use tunneled internal jugular vein. Use PICC lines as last resort

## For Blood Work and/or IVs



**1<sup>st</sup>**  
**CHOICE** Veins on the backs of either of my hands

**2<sup>nd</sup>**  
**CHOICE** Forearm veins in my dominant arm (if fistula/graft in place, use non-fistula/graft arm)

**3<sup>rd</sup>**  
**CHOICE** Veins in the inside of the elbow of my dominant arm (if fistula/graft in place, use non-fistula/graft arm)

\* Use as small a needle as possible (general rule: 22 gauge or smaller)