

VASODILATORS

(hydralazine, isosorbide dinitrate, minoxidil)

WHAT IT DOES:

1. Controls:
 - a. Hypertension (high blood pressure)
 - b. Congestive heart failure (hydralazine)

HOW IT WORKS:

Relaxes blood vessels and decreases blood pressure.

WHAT TO DO IF YOU MISS A DOSE:

If you miss a dose, and remember within a few hours, take it when you remember. However, if you do not remember until the next day, skip the missed dose and go back to your regular schedule.

POSSIBLE SIDE EFFECTS:

Contact your doctor if any of the following occur:

HYDRALAZINE

diarrhea
fast, irregular heartbeat
headache
loss of appetite
nausea/vomiting
flushed face
shortness of breath
skin rash or itching
joint pain
chest pain (rare)
fever/sore throat
swollen glands
numbness/ weakness in hands/feet

MINOXIDIL

fast/irregular heartbeat
rapid weight gain
increase hair growth (usually
on face/arms/back)
bloating
swelling of feet/legs
numbness or tingling
headache
skin rash/itching

ISOSORBIDE DINITRATE

Headache
Dizziness
Weakness
Fainting
Low Blood Pressure
Flushing of Skin

PRECAUTIONS:

Check with your pharmacist or doctor before taking any non-prescription medicines.

WHY I AM TAKING THIS MEDICINE:
