

CLONAZEPAM

WHAT IT DOES:

Clonazepam is used to treat the discomfort, pain and sleep disturbances associated with peripheral neuropathy or restless legs syndrome. This medication has other uses also; ask your doctor or pharmacist for more information.

HOW IT WORKS:

Clonazepam works in the brain to help relax the nerves to reduce discomfort. It also helps people sleep better at night.

HOW TO TAKE IT:

This medication is usually taken once a day at bedtime but should be taken exactly as directed by your doctor. Do not take a larger dose or take it more often without speaking to your doctor first. This medication should not be stopped suddenly or the condition may worsen and cause withdrawal symptoms.

WHAT TO DO IF YOU MISS A DOSE:

If you miss a dose, **take the missed dose as soon as you remember**. If the next regularly scheduled dose is due within the following 6 hours of taking the missed dose, omit this next dose then resume your original dosing schedule. Do not double dose to make up for a missed one.

POSSIBLE SIDE EFFECTS:

The most common side effects are drowsiness, dizziness, tiredness, weakness, dry mouth, diarrhea, upset stomach, and changes in appetite. These side effects should go away after a few weeks or months of use. Tell your doctor if you experience persistent or severe unusual restlessness or excitement, constipation, blurred vision, or changes in sex drive. If you experience seizures, irregular heartbeat, tremor, skin rash, or difficulty breathing, call your doctor immediately.

RELATION TO DIET:

Clonazepam can be taken with or without food. Avoid alcohol while you are taking this medication.

WHY I AM TAKING THIS MEDICINE:
