



The Northern Independent Hemodialysis Unit

Past, Present & Future



Past

- IAMHD (Innovative Approaches to the Management of Hemodialysis) was established in 2004
- IAMHD survey went out to all hemodialysis, failing PD, late CKD and transplant patients with a GFR>20 in BC to establish which patients were interested in the independent options
- Our hemodialysis unit had recently been renovated with the intent of having a self care unit



- In mid 2004 our self care unit was established
- We started with 4 patients, each of them with different strengths and abilities
- The intent of the unit was to promote patients to become as independent as possible with their dialysis treatments

• In 2006/07 the main dialysis unit was out growing its size and we were often finding the in center patients overflowing into our self care unit

• The proposal for the self care unit to move off site was set in motion



Present

• In May 2008, our off site self care unit became a reality

• We presently have 9 patients

• We are open 3 days a week with a morning and afternoon shift available

• Right now there is only 2 staff member

• We are using the Gambro AK95s dialysis machine

- The goal or vision of this unit is to provide a positive environment in which to promote wellness by empowering the patients to be as independent as possible
- Involving the patients in their care gives them a sense of control back in their lives
- My hope is the patients gain a better attitude about their disease

- Future**
- Our next step is to open up 6 days a week
 - From there I would like to see us be able to expand our hours of operation so eventually we can be a little more flexible with the scheduling for the patients



